

DEPARTMENT OF PSYCHOLOGY

COURSE OUTCOMES FROM SEMESTER I TO SEMESTER VI UNDER NEP 2020

B. A. SEMESTER I

Psychology Major- Essentials of Psychology

Course Code: PSY-100

The students will be able to:

CO 1: Explain major foundation concepts of psychology

CO 2: Analyse the theoretical perspectives and trends in psychology.

CO 3: Apply scientific methods to experiments, psychological tests, and surveys in psychology.

CO 4: Describe psychological principles of various cognitive processes.

Psychology SEC - Personality Development

Course Code: PSY-141

The students will be able to:

CO 1: To understand the basic concept of personality.

CO 2: To apply communication skills in dealing with others.

CO 3: To compare and contrast the different art of speaking in building personality.

B. A. SEMESTER II

Psychology Minor- Child Psychology

Course Code: PSY-111

The students will be able to:

CO 1: Apply the theoretical concepts in classifying the various stages in cognitive development from infancy to childhood.

CO 2: Compare the different aspects of physical development in infancy, toddlerhood and childhood

CO 3: Differentiate between various childhood disorders.

CO 4: Comprehend the requirements of children with special needs.

Psychology SEC- Stress Management

Course Code: PSY-142

The students will be able to:

CO 1: Identify and understand the meaning of stress.

CO 2: Distinguish methods to control and reduce stress in their daily life.

CO 3: Apply stress management techniques.

CO 4: Explore the relationship between stress, and health

CO 5: Develop a personal stress management plan.

B. A. SEMESTER III

Psychology Major -Attitudes and Social Cognition

Course Code: PSY-200

The students will be able to:

- CO 1: Explain the processes of attitude formation.
- CO 2: Recognize/ identify the causes of stereotypes.
- CO 3: Describe non-verbal communication and its various channels.
- CO 4. Assimilate/ interpret the concept of impression formation.

Psychology Major - Health Psychology

Course Code: PSY-201

The students will be able to:

- CO 1: Describe the field of health psychology and its role in health and illness.
- CO 2: Explain the determinants of health behaviour from various theoretical perspectives.
- CO 3: Validate/evaluate the psychophysiological aspects of major chronic illnesses.
- CO 4. Apply psychosocial methods to enhance health behaviours and prevent illnesses.

Psychology Minor- Adolescent Psychology

Course Code: PSY-211

The students will be able to:

- CO 1: Understand physical and cognitive development in adolescence.
- CO 2: Explore the socio-emotional development in adolescence.
- CO 3: Analyse the role of peers in shaping an adolescent's personality.
- CO-4. Comprehend adolescent problems, preventive and treatment measures.

Psychology SEC - Developing Psychological Skills

Course Code: PSY-241

The students will be able to:

- CO 1: Develop the basic skills involved in psychological inquiry protocol.
- CO 2: Understand the fundamentals of psychological first aid and its role in providing immediate support to individuals experiencing trauma or crisis.
- CO 3: Develop skills in dealing with different crises.

B. A SEMESTER IV

Psychology Major 1- Social Influence and Group Processes

Course Code: PSY-202

The students will be able to:

- CO 1: Explain the various aspects of social influence.
- CO 2: Analyse the many facets of groups, individuals and environment.
- CO 3: Identify the motives underlying prosocial behaviour.
- CO 4: Interpret the causes of aggression.

Psychology Major 2- Positive Psychology

Course Code: PSY-203

The students will be able to:

- CO 1: Understand the scope of positive psychology and its implications.

CO 2: Discuss the application of positive psychology in various domains.

CO 3: Utilize own strengths and virtues and employ strategies to increase happiness and well-being.

CO 4: Explain the role of positive emotions and cognitive approaches in positive psychology.

CO 5: Critically analyse the various psychological factors related to health and overall quality of life.

Psychology Major 3- Human Factors at Work

Course Code: PSY-204

The students will be able to:

CO-1: Understand the nature of human behaviour and why people behave differently at work.

CO-2: Identify the human side of organisations.

CO-3: Comprehend the concept of motivation and the way it affects human behaviour and performance.

CO-4: Recognize the impact of technology in organisations.

Psychology Major 4 - Psychology of Ageing

Course Code: PSY-205

The students will be able to:

CO-1: Understand the physical and psychological changes that accompany adulthood and later ageing.

CO-2: Explain probable factors affecting social relationships in ageing.

CO-3: Apply this knowledge in understanding impact of work and retirement in later ages.

CO-4: Evaluate issues affecting healthy ageing practices.

Psychology Minor - Sports Psychology

Course Code: PSY-221

The students will be able to:

CO-1: Describe the role of a sports psychologist.

CO-2: Understand mental health in sports.

CO-3: Examine the impact of aggression in a sporting situation.

CO-4: Apply techniques of motivation to enhance sports performance.

CO-5: Analyse group dynamics in a team sport and evaluate the leadership styles used by different sportspersons.

CO-6. Evaluate the role of arousal, anxiety and stress on performance in sports.

B. A. SEMESTER V

Psychology Major

Psychological Tests and Measurements

Course Code: PSY-300

The students will be able to:

CO 1: Demonstrate a comprehensive understanding of the fundamentals of psychological testing.

CO 2: Identify the ethical implications of psychological testing.

CO 3: Analyse the current trends and future direction of psychological testing.

CO 4: Develop a psychological test and

CO 5: Comprehend the purpose and types of reliability and validity estimates.

Psychology Major

**Counselling Psychology
301**

Course Code: PSY-

The students will be able to:

CO 1: Understand the characteristics and skills essential for professional Counsellors.

CO 2: Analyse the various counseling therapies and their application.

CO 3: Explore the specialty areas in counselling.

CO 4: Implementing counseling interventions in everyday life.

Psychology Major

**Abnormal Psychology
362**

Course Code: PSY-

The students will be able to:

CO 1: Understand the historical development of and contemporary perspectives on abnormal psychology.

CO 2: Explain the various causal factors of psychological disorders.

CO 3: Demonstrate a comprehensive understanding of various psychological disorders, their symptoms and diagnostic criteria.

CO 4: Critically analyze the strategies to enhance family and social support in treating mental illness.

CO 5: Assess the legal issues involving people with mental illness.

Psychology Major

**Research Methodology
303**

Course Code: PSY-

The students will be able to:

CO1: Develop a comprehensive understanding of the essential principles of research methodology.

CO 2: Understand the pivotal role literature plays in research.

CO 3: Explore the diverse techniques for collecting data effectively.

CO 4: Gain an insight into the various experimental designs.

CO 5: Explore the ethical considerations that underline research.

CO 6: Learn to construct effective research reports.

Psychology Minor

**Qualitative Data Analysis
303**

Course Code: PSY-

The students will be able to:

- CO 1: Explain various techniques for collecting qualitative data;
- CO 2: Understand the theory behind qualitative data analysis;
- CO 3: Evaluate diverse strategies employed in qualitative data analysis and
- CO 4: Utilize acquired knowledge to formulate and implement qualitative research in psychology

Psychology Major

**Internship
361**

Course Code: PSY-

The students will be able to:

- CO 1: Understand the role of a psychologist in various settings and management plan.
- CO 2: Demonstrate planning and organization skills by conducting awareness sessions on selected topics related to mental health.

B.A SEMESTER VI

Psychology Major

**Cognitive Psychology
304**

Course Code: PSY-

The students will be able to:

- CO 1: Define the fundamental concepts in cognitive psychology.
- CO 2: Explain the paradigms and current trends in cognitive psychology.
- CO 3: Apply the principles of cognitive psychology to solve real world Problems.
- CO 4: Analyse the neuropsychological correlates of cognitive processes.
- CO 5: Demonstrate the occurrence of various cognitive processes in a controlled environment.

Psychology Major

**Statistics for Psychology
305**

Course Code: PSY-

The students will be able to:

- CO 1: Plot various types of graphs to represent data.
- CO 2: Calculate different measures of central tendency and variability;

CO 3: Interpret data via normal probability curve and hypothesis testing.

CO 4: Calculate percentiles, percentile ranks and correlation.

Psychology Major

Criminal Psychology 306

Course Code: PSY-

The students will be able to:

CO 1: Explain the foundational principles that serve as the basis for the study of crime.

CO 2: Apply acquired skills to comprehend the multifaceted causes of criminal behavior, fostering a nuanced understanding of its dynamics.

CO 3: Explore diverse crime types.

CO 4: Demonstrate an awareness of the unique characteristics of various crime types.

CO 5: Understand the broader societal impact of crime.

CO 6: Exhibit proficiency in analyzing and interpreting victims' testimonies within a courtroom context, showcasing an ability to assess and comprehend the complexities inherent in these narratives.

Psychology Major

Project 307

Course Code: PSY-

The students will be able to:

CO 1: Demonstrate research competence through conducting a thorough literature review, designing and implementing a research project.

CO 2: Apply knowledge through analyzing and interpreting data using appropriate qualitative, quantitative or mixed techniques.

CO 3: Effectively communicate research findings utilizing APA style for formatting and citation.

CO 4: Recognize ethical considerations in psychological research.

Psychology Minor

Educational Psychology 322

Course Code: PSY-

The students will be able to:

CO 1: Demonstrate a thorough understanding of the fundamental aspects of educational psychology and identify key components of effective teaching.

CO 2: Evaluate the significance of instructional planning and demonstrate competence in effective planning strategies.

CO 3: Explore strategies for collaborative learning and meeting diverse needs.

CO 4: Demonstrate skills in classroom management and small-group structuring, adapting to diverse learning and thinking styles.

CO 5: Assess challenges faced by students with achievement problems, and develop competence in addressing diverse student needs.


Dr. Manasvi M. Kamat
Professor and Principal