

DEPARTMENT OF PSYCHOLOGY

COURSE OUTCOMES FROM SEMESTER I TO SEMESTER IV UNDER NEP 2020

B. A. SEMESTER I

Psychology Major- Essentials of Psychology

Course Code: PSY-100

The students will be able to:

CO 1: Explain major foundation concepts of psychology

CO 2: Analyse the theoretical perspectives and trends in psychology.

CO 3: Apply scientific methods to experiments, psychological tests, and surveys in psychology.

CO 4: Describe psychological principles of various cognitive processes.

Psychology SEC - Personality Development

Course Code: PSY-141

The students will be able to:

CO 1: To understand the basic concept of personality.

CO 2: To apply communication skills in dealing with others.

CO 3: To compare and contrast the different art of speaking in building personality.

B. A. SEMESTER II

Psychology Minor- Child Psychology

Course Code: PSY-111

The students will be able to:

CO 1: Apply the theoretical concepts in classifying the various stages in cognitive development from infancy to childhood.

CO 2: Compare the different aspects of physical development in infancy, toddlerhood and childhood

CO 3: Differentiate between various childhood disorders.

CO 4: Comprehend the requirements of children with special needs.

Psychology SEC- Stress Management

Course Code: PSY-142

The students will be able to:

CO 1: Identify and understand the meaning of stress.

CO 2: Distinguish methods to control and reduce stress in their daily life.

CO 3: Apply stress management techniques.

CO 4: Explore the relationship between stress, and health

CO 5: Develop a personal stress management plan.

B. A. SEMESTER III

Psychology Major -Attitudes and Social Cognition

Course Code: PSY-200

CO 1: Explain the processes of attitude formation.

CO 2: Recognize/ identify the causes of stereotypes.

CO 3: Describe non-verbal communication and its various channels.

CO 4. Assimilate/ interpret the concept of impression formation.

Psychology Major - Health Psychology

Course Code: PSY-201

The students will be able to:

CO 1: Describe the field of health psychology and its role in health and illness.

CO 2: Explain the determinants of health behaviour from various theoretical perspectives.

CO 3: Validate/evaluate the psychophysiological aspects of major chronic illnesses.

CO 4. Apply psychosocial methods to enhance health behaviours and prevent illnesses.

Psychology Minor- Adolescent Psychology

Course Code: PSY-211

The students will be able to:

CO 1: Understand physical and cognitive development in adolescence.

CO 2: Explore the socio-emotional development in adolescence.

CO 3: Analyse the role of peers in shaping an adolescent's personality.

CO-4. Comprehend adolescent problems, preventive and treatment measures.

Psychology SEC - Developing Psychological Skills

Course Code: PSY-241

The students will be able to:

CO 1: Develop the basic skills involved in psychological inquiry protocol.

CO 2: Understand the fundamentals of psychological first aid and its role in providing immediate support to individuals experiencing trauma or crisis.

CO 3: Develop skills in dealing with different crises.

B. A SEMESTER IV

Psychology Major 1- Social Influence and Group Processes

Course Code: PSY-202

The students will be able to:

CO 1: Explain the various aspects of social influence.

CO 2: Analyse the many facets of groups, individuals and environment.

CO 3: Identify the motives underlying prosocial behaviour.

CO 4: Interpret the causes of aggression.

Psychology Major 2- Positive Psychology

Course Code: PSY-203

The students will be able to:

CO 1: Understand the scope of positive psychology and its implications.

CO 2: Discuss the application of positive psychology in various domains.

CO 3: Utilize own strengths and virtues and employ strategies to increase happiness and well-being.

CO 4: Explain the role of positive emotions and cognitive approaches in positive psychology.

CO 5: Critically analyse the various psychological factors related to health and overall quality of life.

Psychology Major 3- Human Factors at Work

Course Code: PSY-204

The students will be able to:

CO-1: Understand the nature of human behaviour and why people behave differently at work.

CO-2: Identify the human side of organisations.

CO-3: Comprehend the concept of motivation and the way it affects human behaviour and performance.

CO-4: Recognize the impact of technology in organisations.

Psychology Major 4 - Psychology of Ageing

Course Code: PSY-205

The students will be able to:

CO-1: Understand the physical and psychological changes that accompany adulthood and later ageing.

CO-2: Explain probable factors affecting social relationships in ageing.

CO-3: Apply this knowledge in understanding impact of work and retirement in later ages.

CO-4: Evaluate issues affecting healthy ageing practices.

Psychology Minor - Sports Psychology

Course Code: PSY-221

The students will be able to:

CO-1: Describe the role of a sports psychologist.

CO-2: Understand mental health in sports.

CO-3: Examine the impact of aggression in a sporting situation.

CO-4: Apply techniques of motivation to enhance sports performance.

CO-5: Analyse group dynamics in a team sport and evaluate the leadership styles used by different sportspersons.

CO-6. Evaluate the role of arousal, anxiety and stress on performance in sports.

B. A. (GENERAL & HONOURS) SEMESTER V

Psychological Testing B.A. (Honours) DISCIPLINE SPECIFIC CORE (DSC) COURSE: Course Code: PSC106

After completing the course, the students will be able to:

CO 1: Understand the nature, uses, administration and technical features of psychological tests.

CO 2: Apply this knowledge and understanding to various contexts in which psychological assessment is applied.

CO 3: Analyse the use and importance of reliability and validity in psychological testing

CO 4: Understand the various stages of test development.

Criminal Psychology B.A. (Honours) DISCIPLINE SPECIFIC ELECTIVE (DSC) COURSE **Course Code: PSD 104**

After completing the course, the student will be able to:

CO 1: Developing an understanding how various theories and principles of psychology are applied in the court of law and criminal justice system.

CO 2: Understanding of occurrence and reasons which cause crime in the society.

CO 3: Understanding of different types of crimes which affect individuals and the society at large.

CO 4: Developing an understanding of workings of Rehabilitation for criminals.

Health Psychology B.A. (General & Honours) DISCIPLINE SPECIFIC ELECTIVE (DSE) COURSE **Course Code: PSD 102**

After completing the course, the students will be able to:

CO 1: Analyse the relationship between psychological factors and physical health & wellbeing.

CO2: Evaluate health concepts for better health management.

CO 3: Apply psychosocial interventions for treatment and prevention of illness.

CO 4: Understand the causes for various chronic illnesses and prevention for the same.

Understanding Psychological Disorders B.A. (General & Honours) DISCIPLINE SPECIFIC CORE (DSC) COURSE **Course Code: PSC 105**

After completing the course, the student will be able to:

CO 1: Acquire knowledge of the clinical picture of various psychological disorders

CO 2: Understand the classification and types of psychological disorders (DSM 5).

CO 3: Use the case study approach to understand psychological disorders.

CO 4: Develop competencies for assessing the psychological functioning of individuals through techniques such as psychological assessment, observation and interviewing.

B.A. (General & Honours) DISCIPLINE SPECIFIC ELECTIVE (DSE) COURSE
Statistics for Psychology **Course Code: PSD 101**

After completing the course, the student will be able to:

CO 1: Understand the application of Statistics in Psychological research.

CO 2: Learn basic techniques of descriptive and inferential Statistics.

CO 3: Develop skills to use quantitative techniques such as measures of central tendency, variability, graphical representation of data and correlation.

CO 4: Know how to use the normal probability curve as a model in scientific theory.

CO 5: Acquire knowledge in application of statistics in everyday life situation.

Positive Psychology B.A. (Honours) Semester V DISCIPLINE SPECIFIC CORE (DSC) COURSE **Course Code: PSC 107**

After completing the course, the students will be able to:

CO 1: Demonstrate an understanding of the meaning and conceptual approaches to happiness and wellbeing.

CO 2: Appreciate different viewpoints of positive psychology.

CO 3: Extend the knowledge of positive emotional states and processes to enhance well-being and resilience.

CO 4: Apply the constructs of positive cognitive states and processes to making life worth living.

CO 5: Engage in a proactive and thoughtful process of self-examination with regard to personal ideals, goals, and mechanisms of happiness

CO 6: Ability to relate and connect concepts with personal experiences and using critical thinking.

CO 7: Develop positive attributes such as forgiveness, gratitude, hope, resilience, optimism, self-control and wisdom.

B. A. (GENERAL & HONOURS) SEMESTER VI

Psychological Research B.A. (Honours) DISCIPLINE SPECIFIC CORE (DSC) COURSE **Course Code: PSC 109**

After completing the course, the student will be able to:

CO 1: Describe key concepts and process of research in psychology.

CO 2: Use scientific reasoning to interpret psychological phenomena in the field and laboratory setting.

CO 3: Identify experimental and non-experimental methods of psychological research.

CO 4: Interpret, design, and conduct basic psychological research using ethical standards.

CO 5: Demonstrate knowledge and competence in research design and methodology.

Treatment of Psychological Disorders B.A. (General & Honours) DISCIPLINE SPECIFIC ELECTIVE (DSE) COURSE
Course Code: PSD 106

After completing the course, the student will be able to:

CO 1: Understand different approaches to treatment of psychological Disorders.

CO 2: Explain the prevention measures for various psychological and neuro degenerative diseases.

CO 3: Develop an understanding of therapeutic interventions for various psychological Disorders.

CO 4: Identify the Treatment for Psychopathological Disorders.

Counseling Psychology B.A. DISCIPLINE SPECIFIC CORE (DSC) COURSE

Course Code: PSC 110

After completing the course, the students will be able to:

CO 1: Demonstrate knowledge of concepts and process of counselling.

CO 2: Identify the different techniques used in counseling.

CO 3: Appreciate the trends in the field counseling psychology.

CO 4: Apply knowledge of the counseling practice to improve the quality of life.

Community Psychology B.A. (Honours) DISCIPLINE SPECIFIC ELECTIVE (DSE) COURSE
Course Code: PSD 107

After completing the course, the student will be able to:

CO 1: Understand concepts and theories of community life.

CO 2: Identify the role of Psychology in community growth.

CO 3: Apply knowledge of concepts and theories for health promotion and interventions within a community setting.

CO 4: Explain the community's impact on an individual living in it.

CO 5: Develop an understanding of process of building and organizing community.

Developmental Psychology B.A. (General & Honours) DISCIPLINE SPECIFIC ELECTIVE COURSE (DSE)
Course Code: PSD 105

After completing the course, the student will be able to:

CO 1: Understand the basic concepts, principles, perspectives and modern trends in Developmental Psychology.

CO 2: Apply concept and theories of Developmental Psychology in daily life.

CO 3: Identify the physical development from infancy to late adulthood.

CO 4: Elucidate the cognitive, emotional and social development.

**Human Resource Management B.A. (General & Honours) DISCIPLINE SPECIFIC
ELECTIVE (DSC) COURSE**

Course Code: PSC 108

After completing the course, the student will be able to:

CO 1: Understand concepts and functions of HRM and its relationship to organizational effectiveness.

CO 2: Describe the significance principles and structure of organizations.

CO 3: Apply human resource planning and strategic management in attaining organizational goals.

CO 4: Identify the functions, scope and need for human resource development and the need for human resource audit & training and development.




Dr. Manasvi M. Kamat
Principal
M.E.S. Vasant Joshi College of Arts & Commerce
Zuarinagar-Goa.