

M.E.S VASANT JOSHI COLLEGE OF ARTS & COMMERCE, ZUARINAGAR-GOA
B.A NEP Semester III End Assessment October/November 2024
SEC Psychology- Developing Psychological Skills
PSY 241

Duration: 1 Hour

Max marks: 20 marks

Instruction: 1. All questions are compulsory.
2. Question A has internal choice
3. Figures to the right indicate full marks.

Q.1. Define the following terms (4 x 1= 4 Marks)
A. Active listening
B. Non -verbal communication
C. Social history interview
D. Assessment

Q.2.A. Answer the following in about 50 words (1 x 2= 2 Marks)
1. Compare and contrast between intake interview and research interview.

OR.

2. Explain some of the behaviours that need to be avoided during psychological First Aid.

Q.2.B. Answer the following in about 50 words (1 x 2= 2 Marks)
1. Explain the common behavioural and emotional reactions in a crisis.

Q.3.A. Answer the following in about 50 words (1 x 2 = 2 Marks)
1. Exemplify the procedure to assist a person psychologically.

OR

2. Explain the concept of empathy with an example.

Q.3.B. Answer the following in about 50 words (1 x 2 = 2 Marks)
1. Explain the nonverbal characteristics of a confident person.

Q.4.A. Answer the following in about 50 words (1 x 2 =2 Marks)
1. Explain the significance of a mental status examination.

OR

2. Exemplify the SOLER technique of active listening.

Q.4.B. Answer the following in about 50 words

(1 x 2= 2 Marks)

1. Explain any one behavioural intervention used in psychological first aid.

Q.5.A. Answer the following in about 50 words

(1 x 2= 2 Marks)

1. Discuss the middle and final phase of an interview.

OR

2. Discuss the objectives of providing psychological first aid.

Q.5.B. Answer the following in about 50 words

(1 x 2= 2 Marks)

1. Illustrate with examples how natural disasters affect our mental health.

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