

Academic Year 2024-25

Department: Counselling Cell



Mr. Cipriano Fernandes,
M.A in Clinical Psychology
Certified Couple and family therapist.
Certified Grief therapist.
Certified Mindfulness meditation practitioner.
Experience: 4 years.

College Counsellor
Contact: 7038292697



Ms. Vailankanni Fernandes, M.A in Clinical Psychology
College Counsellor
Contact: 9767498315
Experience: 2 years

On 23rd August 2024, a session on Time Management was organized for our students by the IQAC in association with the Counselling Cell, the resource person was JC Dipti Nagvenkar

who is a zone trainer and president of JCI Porvorim. The event was held from 12:35 pm to 1:35 pm in the M. S. Kamat Seminar Hall.



A session by Adv. Shabnam Khan, Ex- Child welfare committee member for North Goa on the JJ Act (Juvenile Justice Act), The POCSO (Protection of Children from Sexual Offences) and Drug Abuse on 26th July 2024.



A workshop titled "*Clinic to Enhance Skills of Professional Counsellors*" was held at MES College, Vasco, aimed at providing professional development and practical insights for counsellors working in various educational institutions across Goa on 10th December 2024. The session was facilitated by Mr. Clifford D Silva, a seasoned counsellor with extensive experience in the field.



On September 26, 2024, Counsellor Mr. Cipriano Fernandes and Ms. Vailankanni Fernandes delivered an insightful talk at New Vaddem High Secondary School, addressing critical issues surrounding adolescent boys and girls.





World Mental Health Day was commemorated on 10th October 2024, Counselling Cell organised State level workshop on Happiness Mantra. Ms. Ketaki Parob Psychologist and Transformational speaker was the resource person.





Counselling cell in association with NSS unit of the college organized a street play on Suicide Prevention titled 'Voices of Hope' on 28th August 2024 at 11:45 am outside MES college gate and at 12:15 pm at MES college bus stop.

