Department of Psychology

B.A. Programme Outcomes NEP 2020:

PO-1 Critical Thinking

- Develop the ability to critically analy ze complex ideas and concepts across multi-disciplinary fields, fostering skills in evaluation, synthesis, and interpretation.

PO-2 Effective Communication

- Demonstrate proficiency in articulating ideas clearly and persuasively both in written and oral forms. adapting to varied audiences and contexts.

PO-3 Social Interaction

- Gain an understanding of various socio-cultural, and historical perspectives, enabling them to appreciate and respect differences while engaging with ethical questions relating to local and global challenges.

PO-4 Effective Citizenship

- Engage as responsible citizens, informed by a nuanced understanding of social issues, equity, and the importance of contributing positively to the society.

PO-5 Ethics

- Develop a strong sense of ethics to solve various issues by upholding integrity, inclusivity, and social responsibility,

PO-6 Environment and Sustainability

- Engage as responsible citizens, towards protecting environment, conservation of resources, sustainability, and the importance of contributing positively to the society

PO-7 Self-directed and life-long learning

- Demonstrate adaptability and preparedness for diverse career paths or advanced study with a commitment to lifelong learning and protessional development.

Programme Specific Outcomes:

Students will be able to:

1. Explain and validate psychological theories and concepts effectively

2. Use psychological principles in applied situations and practice.

3. Critically evaluate, and analyze psychological literature, and empirical evidence.

4. Demonstrate research skills including research methods, experimental designs, and data analysis, and understand ethical principles in psychological research and practice

Course Objectives:

1. **Title of the Course: ESSENTIALS OF PSYCHOLOGY**

   Course Code: PSY-100

   Number of Credits: 3+1

   Course Outcomes:

   1. Understand the subject of psychology as a science

   2. Understand psychological processes and conduct basic experiments in psychology.

   3. Develop knowledge of cognitive processes

2. **Title of the Course: CHILD PSYCHOLOGY**
   Course Code: PSY-111

   Number of Credits: 04

   Course Outcomes:

   1. Understand the role of heredity and environment on development of children.

   2. Understand the biological, social and cognitive influences on the development of children

   3. Acquaint students with common disorders of childhood and sensitize them to the needs of children with disabilities

3. **Title of the Course: PERSONALITY DEVELOPMENT**
   Course Code: PSY-141

   Number of Credits: 03(1+2)

Course Outcomes:

1. Understand the basic concept of personality.

2. Apply knowledge of communication skills for personality development.

3. Develop skills for the development of personality

4. **Title of the Course: STRESS MANAGEMENT**
   Course Code: PSY-142

   Number of Credits: 03 (1 + 2)

   Course Outcomes:

   1. Expose students to a holistic approach to stress management and foster interest in stress management as a field of study and research

   2. Enable students to adopt effective stress management techniques

   3. Engage students in experiential learning.

5. **Title of the Course: ATTITUDES AND SOCIAL COGNITION**
   Course Code: PSY-200

   Number of Credits: 3T + 1P

   Course Outcomes:

   1. Evaluate the processes of attitude formation.
   2. Comprehend the causes of stereotypes.
   3. Assess non-verbal communication along with its various channels and understand the concept of impression formation.

6. **Title of the Course: HEALTH PSYCHOLOGY**
   Course Code: PSY-201

   Number of Credits: 04

   Course Outcomes:

   1. Acquire an understanding of the field of health psychology and its role in health and illness.
   2. explore the elements involved in the process of health behavior change using the major models of health behavior.
   3. Study the psychophysiological basis of major chronic illnesses and evaluate factors for enhancing health and preventing illnesses.

7. **Title of the Course: ADOLESCENT PSYCHOLOGY**
   Course Code: PSY 211

Number of Credits: 04

Course Outcomes:
1. Gain an insightful understanding of Physical, Cognitive, and Socio emotional, Development in Adolescence;
2. Analyze the role of peers in shaping an adolescent's personality and
3. Orient the students towards adolescent problems, and preventive and treatment measures.

8. **Title of the Course: DEVELOPING PSYCHOLOGICAL SKILLS**
   Course Code: PSY-241

   Number of Credits: 3 (1 +2)

   Course Outcomes:
   1. Comprehend the basic skills involved in psychological inquiry protocol
   2. Understand the fundamentals of psychological first aid and its role in providing immediate support to individuals experiencing trauma or crisis.
   3. Develop skills in dealing with different crises.

9. **Title of the Course: SOCIAL INFLUENCE AND GROUP PROCESSES**
   Course Code: PSY-202

   Number of Credits: 3T + 1P

   Course Outcomes:
   1. Understand the various aspects of social influence.
   2. Identify the many facets of groups, individuals and environment.
   3. Assess the motives underlying prosocial behaviour and evaluate the causes of aggression.

10. **Title of the Course: POSITIVE PSYCHOLOGY**
    Course Code: PSY-203

    Number of Credits: 04

    Course Outcomes:

    1. Define and understand the basic concepts of positive psychology.
    2. Gain insights into the role of positive emotions and cognitive approaches for well-being and flourishing.
    3. Analyze the importance of applying psychological factors for positive health.

11. **Title of the Course: HUMAN FACTORS AT WORK**
    Course Code: PSY-204

    Number of Credits: 04

    Course Outcomes:
    1. Describe the factors influencing human behaviour in the workplace and explain why individuals exhibit diverse behaviours.

2. List and define the key components that constitute the human side of organizations and explain the concept of motivation
3. Analyse and assess the influence of technology on various aspects of organizational structure, processes, and culture. Theories to analyze their impact on human behaviour and performance

12. **Title of the Course: PSYCHOLOGY OF AGEING**
Course Code: PSY-205

Number of Credits: 02

Course Outcomes:
1. To understand and learn about changes in adulthood and later life in a contemporary context.
2. To analyze the issues concerning quality of life in later life.
3. To gain awareness about misconceptions and think towards steps for successful aging.

13. **Title of the Course: SPORTS PSYCHOLOGY**
Course Code: PSY-221

Number of Credits: 03+01

Course Outcomes:
1. To introduce sports psychology as a career option for students.
2. To Understand psychological principles and applied skills influencing sports performance
3. To Analyze and evaluate group dynamics in team sports, and leadership styles used by different sportspersons.

14. **Title of the Course: PSYCHOLOGICAL TESTS AND MEASUREMENTS**
Course Code: PSY-300

Number of Credits: 3T + 1P

Course Outcomes:
1 Understand the fundamentals of psychological testing.
2 Recognise the ethical implications of psychological testing.
3 Analyse the current trends and future direction of psychological testing.
4 Explore the steps involved in developing a psychological test.
5 Understanding the purpose and types of reliability and validity estimates.

15. **Title of the Course: COUNSELING PSYCHOLOGY**
Course Code: PSY-301

Number of Credits: 04

Course Outcomes:
1. Develop skills essential for professional counselors.
2. Learn the application of various therapies in counseling.

3. Sensitize the students with different specialty areas in counselling
4. Gain insight into the contemporary trends in counselling

16. Title of the Course: ABNORMAL PSYCHOLOGY
Course Code: PSY-302

Number of Credits: 04

Course Outcomes:
1. Understand the classification, and the clinical picture of various psychological disorders.
2. Explore the historical development of abnormal psychology.
3. Analyze the causal factors implicated in psychological disorders.
4. Examine the importance of family and social support in the treatment of mental illness, and legal issues involving people with mental illness.

17. Title of the Course: RESEARCH METHODOLOGY
Course Code: PSY-303

Number of Credits: 02

Course Outcomes:
1. Develop a comprehensive understanding of the essential principles of research methodology and the pivotal role literature plays in research.
2. Explore the diverse techniques for collecting data effectively and gain an insight into the various experimental designs
3. Explore the ethical considerations underlying research and learn to construct effective research reports.

18. Title of the Course: INTERNSHIP
Course Code: PSY-361

Number of Credits: 02

Course Outcomes:

Gain experience and in situ hands-on understanding of a career in psychology

19. Title of the Course: QUALITATIVE DATA ANALYSIS
Course Code: PSY-321

Number of Credits: 04

Course Outcomes:
1. Understand different methods of qualitative data collection
2. Compare and contrast the different approaches to qualitative data analysis
3. Apply knowledge to design and execute qualitative data analysis in research

20. Title of the Course: COGNITIVE PSYCHOLOGY
Course Code: PSY-304

Number of Credits: 3+1

Course Outcomes:
1. To provide core knowledge of basic and higher order cognitive processes
2. To develop a general understanding of cognitive psychology as a science.
3. To highlight the neuropsychological basis in cognition.
4. To create a foundation for higher education and careers in cognitive psychology.
5. To develop an understanding of the experiments and research in cognitive psychology

21. **Title of the Course: STATISTICS FOR PSYCHOLOGY**
Course Code: PSY-305

Number of Credits: 04

Course Outcomes:
1. Understand the various concepts of statistics and graphical representation of data.
2. Identify the uses and applications of descriptive statistics.
3. Assess the properties of the normal probability curve and hypothesis testing.
4. Evaluate the concepts of percentiles, percentile ranks, correlations, and types.

22. **Title of the Course: CRIMINAL PSYCHOLOGY**
Course Code: PSY-306

Number of Credits: 04

Course Outcomes:
1. Equip students with the fundamental principles essential for understanding the study of crime.
2. Provide students with the necessary skills to comprehend the dynamic causes of criminal behavior.
3. Investigate and understand various crime types, including their characteristics and societal implications.
4. Develop the ability to analyze and interpret victims' testimonies effectively within a courtroom setting.

23. **Title of the Course: PROJECT**
Course Code: PSY-307

Number of Credits: 04

Course Outcomes:
1. Demonstrate the ability to formulate research questions based on existing knowledge gaps.
2. Understand and apply various research methodologies and ethics in psychology to design and collect data
3. Apply critical analysis to interpret and discuss research results.
4. Present research findings in the APA format in an organized and coherent manner.

24. Title of the Course: EDUCATIONAL PSYCHOLOGY
Course Code: PSY 322

Number of Credits: 04

Course Outcomes:
1. Develop an understanding of the fundamental aspects of educational psychology and, the key components of effective teaching.
2. Evaluate the significance of instructional planning and effective planning in education.
3. Investigate the impact of technology impact on education and explore strategies for meeting diverse needs.
4. Acquire skills in classroom management and structuring small-group activities.
5. Assess the challenges faced by students with achievement problems and the role of the classroom in educational assessment and performance evaluation.