

# THE VOICE OF MES

## M. E. S. VASANT JOSHI COLLEGE OF ARTS & COMMERCE, ZUARINAGAR - GOA



VASANT JOSHI COLLEGE OF ARTS & COMMERCE



Dear readers and stakeholders,

Greetings and warm wishes. We have arrived at the last leg of this semester and the year. NEP has taken off and in spite of some hiccups, we have been able to implement the various courses and provide a good spread of courses for our dear students across disciplines. The Clubs, Associations and departments have been busy as always while looking forward to completing the semester successfully. Our students participated in the National Games and won laurels for our institution making us proud and happy.

Enjoy the cool weather of the last months and happy reading.  
Best wishes and happy times!

**Volume 2. Issue 2.**

**1<sup>st</sup> Sep to 30<sup>th</sup> Nov, 2023**

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Release of first issue of the Volume 2 of the newsletter, 'The Voice of MES' at the hands of CA Dattaraj Pawoskar

### NEWS DIGEST

37<sup>th</sup> National Games  
Mind Brew  
Sportspedia  
Campus 360  
Community Engagement  
Experiential Learning

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# 37<sup>th</sup> NATIONAL GAMES

## Medal Winners at 37<sup>th</sup> National Games



**Sakshi Sawant - Gold medal  
SQAY MARTIAL ART**



**Shubham Kurane - Gold medal  
SQAY MARTIAL ART**



**Mohammad Irfan - Bronze medal  
PENCAK SILAT**

## Participants at 37<sup>th</sup> National Games



**Avinash Naik  
PENCAK SILAT**



**Sanjay Rathod  
TAEKWONDO**



**Devraj Chalwadi  
ATHLETICS**



**Prashanti B. Jalaneela  
SQAY MARTIAL ART**



**Ali Goundi, Navin Goudar and Rahul Nagavat  
WINNERS - KABADDI**



# MIND BREW



**Department of Commerce organised an interactive session on 'Exploring the Legal & Regulatory Framework for E-commerce in India'.**

**Resource person - Adv. Shirley Souza**



**Resume Writing workshop  
Resource person - Ms Runa Menezes, Asst Prof. Goa University.**



**Department of Sociology in association with Dnyanvardhini Divyang Training College Vasco organised a session on 'Navigating the path from stress to social wellbeing through social skills'**

**Resource Person - Dr. Gargi Sinha**



**Workshop for M. Com. students on 'Workplace Excellence: Organisational Behavior and Stress Alleviation'**

**Resource Person -Ms. Yashu Sharma**



**Entrepreneurs' success stories conducted by BNI Business Voices (MoU College) coordinated by Mr. Pradyuman Kulkarni**



**Talk on Opportunities in Europe for BBA students by Ramchandra Prabhu Salgaocar**



**TYB.Com. students were winners of the Resume Writing Competition**



# MIND BREW



**Department of Sociology organised a session on Mental Health Awareness & Tele Manas to commemorate World Suicide Prevention Day**



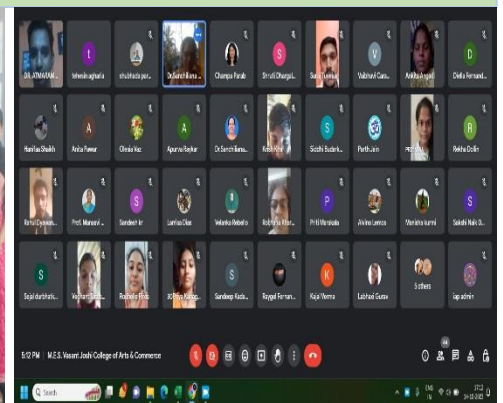
**Session on RTI organised by Political Science department on RTI Day  
Resource person – Adv. Sunil Loran**



**Workshop titled "Developing Questionnaire" organised by Dept of Commerce  
Resource person - Dr. Ashish M. Joshi**



**Sensitization session on 'Teacher as a Mentor' by Mentoring Cell & IQAC  
Resource Person - Dr Aldina Braganza**



**Webinar titled "Investor Awareness Programme" organised by Dept. of Commerce  
Resource Person – CA Tehesin Fatama Agharia**

# SPORTSPEDIA



**Winners of Inter Collegiate Men's Taekwondo Championship organised by Goa University**



**Kimberly Pegado won Silver Medal at the Inter Collegiate Women's Powerlifting Championship organised by Damodar College**



**Runner's up at Inter collegiate Men's Cross Country Championship organised by Goa University**



# CAMPUS 360



**Felicitation of Professor and Principal Dr. Manasvi M. Kamat, by Lions Club of Cortalim in college premises**



**Inaugural of Commerce Association by Department of Commerce - Chief Guest Ms. Charuta Metha, President of Commerce Association 2023-24**



**Workshop on 'Road Safety Awareness for Youth' organised by Consumer Awareness Cell in association with IQAC and Department of Sociology**



**Ergonomics competition organised by Department of Commerce**



**Bidding Duos competition organised by Department of Commerce under Commerce Association for SYB.Com. students**



**Ganesh Chaturthi Celebrations for the Teaching and Non-teaching Staff**



**Ghumat Arti Competition organised by the Art and Culture Association**



# CAMPUS 360



**Fugdi Competition organised by the Art and Culture Association**



**Teachers' Day Celebration**



**Garland Making Competition organised by the Women's Cell 'Jyoti'**



**Chavat Dish Making Competition using Millets organised by the Art and Culture Association**



**Principal Dr. Manasvi M. Kamat felicitating the Chief Guest Shri. Mangurish Salelkar for College Council Inaugural program**



**Oath Taking Ceremony during the College Council Inaugural**



## CAMPUS 360



**Poster - Making competition on Millets by Women Cell Jyoti**



**Diwali Celebration by staff**



**Promotion of 37th National Games at MES Campus by SAF Sports**



**Deal or No Deal competition by Department of Commerec for TYB.Com. Students**

## COMMUNITY ENGAGEMENT



**State Level Workshop on 'Youth as Ambassadors of Mental Health' organized by the Department of Psychology - World Mental Health Day.  
Resource person - Dr. Mahesh Pai, Principal, Goa College of Home Science, Panaji Goa**



**Dental camp in association with Inner Wheel Club Vasco and GMC for community**



**Kasturi SeriesTalk on Down the Memory Lane Vasco  
Resource person - Mr Rohan Bandekar**



# EXPERIENTIAL LEARNING



**B.Com. Sem V students Mr. Rohan Gaikwad & Mr. Vijay Natekar won Second Prize at the National Level Business Ideathon, organised by Government College of Commerce & Economics Borda, Goa**



**Talk on 'Tourism and Green Investment' – World tourism day Resource Person - Dr Cheryl Dias, Assistant Professor in Travel and Tourism, Srinivassa Sinai, Dempo College of Commerce and Economics**



**Session on Exploring the Legal and Regulatory Framework in E-Commerce, Resource person – Adv. Shirley Furtado Souza**



**Experiential learning visit to Goa Shipyard Ltd. by commerce students**



**Experiential visit for First Year BCom students visit to Salaulim, Tansikar Farm**



**Screening of documentary on "Goa's Freedom Struggle"**



**Skill Based Workshop on Casademic, Resource person - Ms. Pinky Pawaskar organised by Dept of Commerce in Association with IQAC**



**Annual Study Tour organized Cochin, Munnar, and Wonderland organized by Dept of Commerce**



**Workshop on Fado music for BBA students Resource person - Ms Sonia Shirsat**

## CONTACT US

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