



# MURGAON EDUCATION SOCIETY'S COLLEGE OF ARTS & COMMERCE

ZUARINAGAR, GOA - 403 726.

Accredited by NAAC with B Grade (3<sup>rd</sup> cycle) B+ Grade with a COPA

Telephone : (0832) 2555772 (Sancoale Exchange) & 2555 (4th Cycle)

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Website : www.mescollege.org

## 5.1.3 Capacity building and skills enhancement initiatives taken by the institution

| Name of the capability enhancement program                               | Date of implementation<br>(DD-MM-YYYY) | Number of<br>students<br>enrolled |
|--|--|-----------------------------------|
| <b>1. Soft skills</b>  |  |                                   |
| Diploma Course in Counseling Techniques                                  | 06-04-21                               | 20                                |
| Short Term Certificate Course in Aptitude and Reasoning                  | 27-11-20                               | 29                                |
| Online Workshop on Basics of Stock Trading                               | 18-03-21                               | 41                                |
| A State Level Four day Webinar on 'Introduction to Research Methodology' | 28-10-20                               | 189                               |
| Webinar on "The Art of Managing Emotions"                                | 03-07-21                               | 72                                |
| Talk on topic "Women Entrepreneurship"                                   | 05-03-21                               | 44                                |
| Webinar on topic: 'Aspects of Adolescents Life'                          | 04-03-21                               | 44                                |
| Webinar on "CVs, Resumes and Cover Letters for Freshers"                 | 12-03-21                               | 102                               |
| Webinar on "Orientation on T.Y.B.Com Project Work"                       | 26-10-20                               | 202                               |
| 4 day Webinar on "E-Learning : Opportunity & Productivity"               | 05-11-20                               | 284                               |
| State Level Webinar – Overview of Financial Market                       | 14-04-21                               | 186                               |
| State Level Webinar - "Time Management "                                 | 22-04-21                               | 66                                |
| State Level Webinar on " How to Deal with Procrastination"               | 17-04-21                               | 88                                |
| Webinar on 'Gratitude and Resilience as Key to a Better Mental Health'   | 26-02-21                               | 22                                |
| Webinar on Mental Health in this changing world                          | 10-10-20                               | 20                                |
| Webinar on the topic "Personality Grooming and Development"              | 07-04-21                               | 32                                |
| Webinar on 'Developing a questionnaire for survey based study'           | 08-01-21                               | 99                                |
| State level webinar on 'How to design B-Plan for UG and PG students'     | 07-04-21                               | 63                                |



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## 2. Language and communication skills

|  |          |    |
|--|----------|----|
| Webinar on 'Skills for effective communication at the workplace' | 17-03-21 | 25 |
|--|----------|----|

## 3. Life Skills(Yoga, physical fitness, health and hygiene)

|  |          |    |
|--|----------|----|
| Celebration of International Yoga Day(NCC Army Boys)                 | 21-06-21 | 20 |
| International Yoga Day(NCC)  | 21-06-21 | 29 |
| Celebration of International Yoga Day(NSS UNIT)                      | 21-06-21 | 26 |
| International Yoga Day (NCC Army Girls)                              | 21-06-21 | 15 |
| International Yoga Day (Department of Physical Education and Sports) | 21-06-21 | 28 |
| Talk on "Oral Hygiene from a Youngsters' Perspective"                | 08-03-21 | 30 |
| Webinar on "Balanced Diet-A Healthy Awareness"                       | 21-04-21 | 94 |
| Fitme Activity   | 15-09-20 | 14 |
| 14 Days Fitness Challenge  | 24-07-20 | 55 |
| Self Defense Workshop  | 04-03-21 | 36 |

## 4. ICT/ Computing Skills

|   |          |    |
|---|----------|----|
| Certificate Course on Quantitative Methods and Basics of Econometrics | 26-07-21 | 22 |
| Certificate Course In Tally Erp.9 with GST (Batch 1)                  | 02-03-21 | 23 |
| Certificate Course In Tally Erp.9 with GST (Batch 2)                  |          | 21 |
| Certificate Course In Tally Erp.9 with GST (Batch 3)                  |          | 18 |
| Certificate Course In Tally Erp.9 with GST (Batch 4)                  |          | 22 |
| Certificate Course In Tally Erp.9 with GST (Batch 5)                  |          | 17 |
| Certificate Course In Tally Erp.9 with GST (Batch 6)                  |          | 10 |
| Data analysis using Gretl and Eviews ( Virtual)                       | 08-03-21 | 28 |



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|  |          |    |
|--|----------|----|
| State Level Webinar on Understanding Stock Market Operations | 06-04-21 | 85 |
| Two Day Online Workshop on Data Management and Presentation  | 12-03-21 | 27 |
| Workshop on " Statistical Data Analysis"                     | 20-03-21 | 40 |
| Workshop on " Data Analysis using SPSS Software"             | 31-03-21 | 10 |

*Meenakshi Bawa*

Dr. Meenakshi Bawa  
Officiating Principal