

CERTIFICATE COURSE IN COUNSELLING TECHNIQUES

Timings: 1:30 p.m. to 2:30 p.m. (1 Class per week)

No. of Seats: 40

Duration: Course in Counselling techniques to commence from 20th July 2023 up to October / November 2023

Eligibility: Students of M.E.S. College of all programmes

Criterion of Selection: First Come First Serve basis

Registration: Students have to fill in the Registration Form duly and submit it to the Counsellors before the commencement of the course.

Course Objectives:

- To enhance their knowledge of human behaviour at different age groups.
- To recognize behavioural problem and examine strategies for positive behaviour management
- To relate counselling theories to cases in counselling
- To develop an ethical approach to counselling
- To learn the application of psychotherapies used in treating different behaviour problems

Resource Person: Faculty of Psychology Department & Professional Counsellors.

Course Outcomes:

At the end of the course students will be able to:

- Acquire practical knowledge, skills and training of various counselling techniques essential in becoming skilled counsellors.
- Gain an insight and correct their own behaviour and problems.
- Empower them with essential skills for developing healthy relationships
- Get exposure in Counselling Cases, Special Schools and NGO's through field trips.

Assessment: A Short Test will be conducted to assess the application of the knowledge imparted and certificates will be given at the end of the course accordingly.