



MURGAON EDUCATION SOCIETY'S COLLEGE OF ARTS & COMMERCE

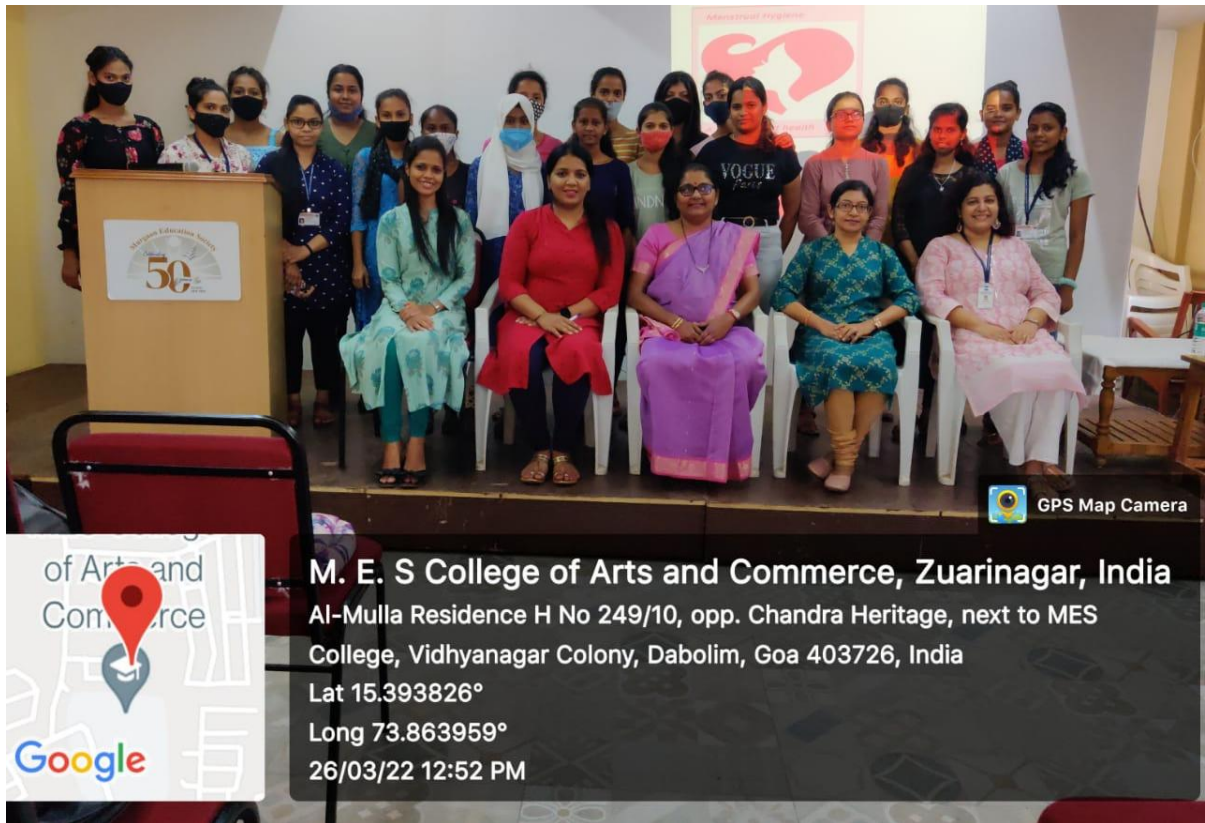
Zuarinagar, Goa – 403726



Affiliated to Goa University Accredited by NAAC with B+ Grade (4th cycle)

ACADEMIC YEAR 2021 – 2022

REPORT OF THE ACTIVITY: Awareness on Menstrual Hygiene


- Committee: Health Centre
- Date: 26th March 2022 Time: 12:30 p.m. to 1:30 p.m.
- Speaker for the Session: Dr. Amita Talauliker (MBBS, DGO, DNB)
- Audience: Female students of M.E.S. College of Arts and Commerce
- No. of participants: 29
- Report in brief: The Health Centre of M.E.S. College of Arts and Commerce, Zuarinagar organized a lecture on Menstrual Hygiene. A total of 29 female students of M.E.S. College of Arts & Commerce, participated in the lecture. The objective of the lecture was to sensitize students on the importance of menstrual hygiene and create awareness on the misconceptions related to menstruations and self-care. The lecture was held in the B.B.A hall of M.E.S. College of Arts and Commerce, Zuarinagar on 26th March 2022 from 12:30 p.m. to 1:30 p.m. Dr. Manasvi M. Kamat, Principal of M.E.S. College of Arts & Commerce welcomed the resource person, Dr. Amita Talauliker (Consultant Obstetrician and Gynaecologist), Ms.Sandhya Ghogale, Coordinator of the program introduced the resource person, Ms. Maria Fatima D'Costa, the Chairperson of the Health Centre, delivered the vote of thanks. Ms. Mamta Kavlekar, member of the Health Centre was also present for the program.
- Remarks of the Coordinator: The lecture was successfully organised. The participants were very enthusiastic and asked questions related to their personal health. The resource person, Dr. Amita Talauliker delivered an interesting and informative lecture. She managed to capture the attention of the students as she presented on the topic. Students clarified many of their doubts. Doctor further informed the students that they could approach her at her clinic for any further health concerns.



 **HEALTH CENTRE
OF
M.E.S. COLLEGE OF ARTS AND
COMMERCE,
ZUARINAGAR - GOA** 

Is organising

Lecture on Menstrual Hygiene

 Resource Person : Dr. Amita Talauliker
(MBBS, DGO,DNB)
Consultant Obstetrician & Gynaecologist

Date : 26th March 2022 Time : 12.30pm
Venue: B.B.A. Seminar Hall

Asst. Prof. Maria Fatima D'Costa
Chairperson - Health Centre

Dr. Manasvi Kamat
Principal



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ACADEMIC YEAR 2021 – 2022

REPORT OF THE ACTIVITY: Awareness on Menstrual Hygiene

- Committee: Health Centre
- Date: 1st April 2022 Time: 11:30 a.m. to 12:30 p.m.
- Speaker for the Session: Ms. Smita Ransubhe (Team Leader – Ladyfly Goa)
- Audience: Female students of M.E.S. College of Arts and Commerce
- No. of participants: 40
- Report in brief: The Health Centre of M.E.S. College of Arts and Commerce, Zuarinagar organized a lecture on Empowerment and Hygiene. A total of 40 female students of M.E.S. College of Arts & Commerce, participated in the lecture. The objective of the lecture was to inform students on the business opportunity, provide product information and create awareness on menstrual hygiene. The lecture was held in the B.B.A hall of M.E.S. College of Arts and Commerce, Zuarinagar on 1st March 2022 from 11:30 a.m. to 12:30 p.m. Ms. Mamta Kavlekar, Coordinator of the program welcomed and introduced the resource person, Ms. Smita Ransubhe and her team from Ladyfly. Ms. Maria Fatima D'Costa, the Chairperson of the Health Centre, delivered the vote of thanks. Ms. Sandhya Ghogale, member of the Health Centre was also present for the program.
- Remarks of the Coordinator: The lecture was successfully organised. The participants were very enthusiastic and asked questions related to the business plan. The resource person, Ms. Smita Ransubhe delivered an interesting and informative lecture. She demonstrated the business plan and discussed about its benefits and procedure with the students. Students clarified many of their doubts related to the product and the business plan.



of Arts and
Commerce



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College, Vidhyanagar Colony, Dabolim, Goa 403726, India
Lat 15.393826°
Long 73.863959°
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