

Date: 23/10/2017

**REPORT OF THE FACULTY DEVELOPMENT PROGRAMME ON
'PROFESSIONAL AND SELF-DEVELOPMENT FOR COLLEGE TEACHERS'**

Teachers, especially those in colleges, play a major role in the life of adolescents. It is the teacher who happens to be the adolescent's greatest strength, someone who places faith in the student and who guides and mentors the student to gear them towards their adult life. The opportunity to engage in mentorship, either formally or informally, often gets overlooked, especially since its long-term impact and importance is enormous. It is a unique opportunity for someone to support the student holistically, to relate to him/her as he/she encounters new perspectives.

It is evident that the role of teachers is much beyond merely imparting knowledge. Mentoring for students in colleges is directed towards helping them feel connected to the campus community for improved student outcomes. Mentoring is important, not only because of the knowledge and skills students can learn from mentors, but also because mentoring provides professional socialization and personal support to facilitate success in college and beyond. Quality mentoring greatly enhances students' chances for success. Mentoring relationships thus involve the provision of career, social, and emotional support in a safe setting for self-exploration that results in positive academic and personal outcomes for students.

Recognizing the importance of mentoring in colleges, the IQAC of MES College organized a state-level Faculty Development Programme on 'Professional and Self-Development for College Teachers' from 16th October 2017 to 22nd October 2017. This FDP aimed at sensitizing teachers about their extensive role in the life of the adolescent. It aimed at imparting skills of identifying students who are in need of additional help, mentoring them and helping them to actualize their abilities. At the same time the workshop also aimed at providing the teachers with some tools for self help, in order to deal with emotional burnout that may hamper their mentoring process.

All mentors need training if they are to possess the skills and attitudes to effectively mentor a young person. The main objective of this workshop was to impart knowledge and skills on effective mentorship. It also attempted to help the teachers in identifying their strengths and weaknesses as mentors. The workshop emphasized on building interpersonal, leadership, communication and conflict management skills in college teachers.

Dr. Sujata Satapathy, Associate Professor, Clinical Psychology, Department of Psychiatry, AIIMS, New Delhi and Dr. Megha Deuskar, Assistant Professor, Department of Psychology, Fergusson College, Pune were the resource persons for this FDP. 41 participants from 7 colleges across the state participated in the Programme.



Inaugural Function – Resource Person, Dr. Sujata Satapathy, Associate Professor, Clinical Psychology, Department of Psychiatry, AIIMS, New Delhi





Session on Mentoring by Dr. Sujata Satapathy, Associate Professor, Clinical Psychology, Department of Psychiatry, AIIMS, New Delhi



Participants of the FDP along with the Resource Person, Dr. Megha Deuskar, Assistant Professor, Department of Psychology, Fergusson College, Pune

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