### **ACHIEVEMENTS OF STUDENTS (2019-20)**





Mr. Bhushan Patil and Mr. Suraj Rawat from TYBBA (Shipping and Logistics) won First place (gold) at the Inter-Class Power Lifting Competition for men, Category '62-72 kg' and '72 kg and above' respectively, organized by The Department of Physical Education and Sports of MES College on 5<sup>th</sup> August 2019.



Pawan Gorantala of TYBBA (Shipping and Logistics) received the prize from the Vice Chancellor of Goa University, Varun Sahni. He won the consolation prize for essay writing competition at the 3<sup>rd</sup> Edition of IDEAS UNLEASHED organised by ICG-Goa University. The topic was "Achieving The Sustainable Development Goals (SDGs): The Challenges for Goa". The team from MES stood in the top 10 among 111 students from 33 colleges in Goa.

### **ACHIEVEMENTS OF STUDENTS (2019-20)**



Mr. Bhushan Patil from TYBBA (Shipping and Logistics) won Mr. HERCULES 2019 organised by Don Bosco College Panjim on 28th, 29th and 30th of August 2019.

Mr. Suraj Rawat from TYBBA (Shipping & Logistics) won the Bronze medal at University Inter College Competition in the upto and including 93 kgs category powerlifting competition organised by Goa University.



#TG LIFE

hushan Patil, student of M.E.S College Zuarinagar, bagged the Mr Hercules 2.0 title along with a cash prize of Rs.10,000/- and a trophy in the inter-collegiate competition that determined the strongest man of Goa, This competition was organised recently by the Department of Physical Education of Don Bosco College, Panjim and powered by Sporting Club De Goa to celebrate the National Sports Day, Malik Rehan a student



of S.S. Dempo college emerged second and received a cash prize of Rs.6,000/- and the trophy. While ToshibKabnoor, a student of SS Dempo college was the second runner up with cash prize Rs. 4,000/-and a

trophy.

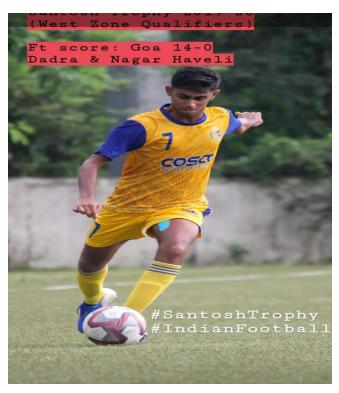
On day one, the participants had to first go through the prelimi-nary round, out of which only eight participants would qualify for the final round that took place on the following day. Some of the thrilling events that took place on day one were, Run and walk with 25 kg sack (12 minute), Push up's (1 minute), sit ups (1 minute), Front raises (1 minutes), Squat with 75 kg weight (1 minute) and deadlift 90 kg (1 minute).

Events of the day began the inaugural ceremony. The chief guest for the day was Fr Joaquim Lobo, the manager of Don Bosco College. The ceremony was also graced by other dignitaries, such as Dr Cedric Silveira, the principal, Ajith Gopi, coordinator of P.Ed Department and

Ayaz Khan, the sports secretary.
On the second day of Hercules 2.0, top eight participants, Arun Kumar Patil (P.C.C.E Verna), Nehal Komarpant (Shree Mallikarjun), Pramod Honkhande (Vidya Prabhodini), Nandesh Gowda (MES Col-lege), Suraj Wagh (Govt. College Borda), Toshib Kabnoor (SS Dempo), Bhushan Patil (MES College) ,Malik Rehan (SS Dempo) qualified in the preliminary round to compete for the Mr Hercules 2.0 title.

These top eight participants competed against each other in various tough competitions such as Brick holding, Rope climbing, Endurance (crawl through mud pushing a medicine ball weighing eight kg, modified burpees with five kg dumbbells, rope wave 200 repetition, sack loading and unloading 25 kgs each), Obstacle race (50 kgs weight in the steel pan and step up, cross the hurdles, 20 squats with 60 kg weight ,tyre flip), Monkey cage and wood cutting to chase the winning

Uday Madkaikar Mayor of Panjim Muncipal Corporation was the chief guest for the valedictory function. He appreciated all the participants who came out and participated and encouraged them and the others to showcase their talents. Fr Joaquim Lobo the Manager of the college urged all the participants to keep fit and appreciated all the participants for their brave effort. The title of Mr Hercules 2.0 was given to the winner, Bhushan Patil.



Ribhav Sardesai SYBBA student was selected to play for GOA for the National Football Championship - SANTOSH TROPHY 2019-20. The team was also the winner in the Group B West Zone, thus qualifying for the next round on 27<sup>th</sup> September 2019.

Saksham Kashyap from FYBBA was crowned Mr. Fresher 2019-20 on 21<sup>st</sup> September 2019.





Mr. Rajat Nair of TY BBA (Shipping and Logistics) won the Chota Cinema award for his film "La la Love" organised by Yuva Gomantak Dal in October 2019.

#### 🛚 गोमनक 🕱

# 'छोटा सिनेमा' स्पर्धेत 'ला ला लव्ह' प्रथम

डिचोली, ता. १६ (प्रतिनिधी) : युवा गोमंतक दल, मयेतर्फे आयोजित 'छोटा सिनेमा' स्पर्धेत फोंडा येथील रजत नायर यांच्या 'ला ला लव्ह' या चित्रपटाने प्रथम क्रमांकाचे बक्षीस पटकावले.

आपल्यावरील कमतरता या विषयावर हा चित्रपट बनवण्यात आला आहे. गोव्यात चित्रपट निर्मिती क्षेत्राला वाव आणि गोमंतकीय कलाकारांना चित्रपट क्षेत्राकडे आकर्षित करण्यासाठी "छोटा सिनेमा" संकल्पनेवर आधारीत स्पर्धा आयोजित करण्यात आली होती. आजच्या माहिती आणि तंत्रज्ञान यगात भ्रमणध्वनी हे अत्यंत गरजेचे टेवण्यात आली होती. साधन बनले आहे. भ्रमणध्वनीमुळे जग प्रत्येकाच्या मुठांत आले आहे. याच सामाजिक



युवा गोमंतक दलतफें चित्रपट निर्मिती डिचोली : 'छोटा सिनेमा' स्पर्धेतील प्रथम विजेत्याला बक्षीस देताना युवा गोमंतक दलाचे पदाधिकारी.

या स्पर्धेअंतर्गत कोणत्याही केलेल्या या स्पर्धेला राज्यभगतन गेल्या रविवारी गावकरवाडा-मये येथे विषयावर फक्त चांगला प्रतिसाद मिळाला. या स्पर्धेतील आयोजित कार्यक्रमात युवा गोमंतक दल भ्रमणध्वनीचा चांगला वापर करून छोटा । भ्रमणध्वनीच्यारे चित्रीकरण केरलेला पाच : दूसरे आणि तिसरे बशीस अनुक्रमे शिवम । पदाधिकाऱ्यांच्या उपस्थितीत विजेत्यांना सिनेमा तयार करण्याची संकल्पना समोर ते आठ मिनीटांच्या कालावधीचा सिनेमा हरमलकर (डिचोली) आणि मेहबूब बक्षिसे देण्यात आली.

तयार करायचा होता. प्रथमच आयोजित नदाफ (मङगाव) यांना प्राप्त झाले.



Akib Shaikh from SYBBA won the 2<sup>nd</sup> place for Finance round at Odyssey - Management Competition organised Saraswat College which concluded on 12th October 2019. Tejas Sutar, Pooja Satoskar, Gurtei Singh participated from TYBBA, and Debabrath Poddar from FYBBA.

Ms. Pallavi Nayak (standing eight from left) from FYBBA (Shipping & Logistics) won 3<sup>rd</sup> Place in elocution competition organised by M/s Goa Shipyard Limited as a part of the Vigilance Awareness Week. The topic was "Integrity a way of life" on 18<sup>th</sup> October 2019.





Madhukar Ghogale of TYBBA (Shipping and Logistics) won Gold Medal in Black belt category, at the 4<sup>th</sup>All India National Combat Martial Arts Wado-Ryo Karate Championship 2019 held at Mumbai. The championship was held on the 10<sup>th</sup> November 2019 and more than 500 participants from 16 states participated.



## SKDG NATIONAL ALL STYLES OPEN **KARATE CHAMPIONSHIP - 2019**

Organized By

### SHOTOKAN KARATE DO GOA

24th & 25th August 2019

Affiliated to: World Traditional Shotokan Karate Federation Recognized By: Karate Association of India (KAI), World Karate Federation (WKF) & Asian Karate Federation & Ministry Youth & Sports Govt. Of India











Cert. No: 062

## Certificate of Merit

This is to Certify that

MOAH GABRIEL MASCARENHAS

for his / her participation in the Event

Kata/Kumite in U-18 yrs (B) W 10 P

and has a Secured Gold / Silver / Bronze

in NATIONAL ALL STYLES OPEN KARATE CHAMPIONSHIP - 2019

held at Shri Gadge Maharaj Memorial Hall, Porvorim - Goa.

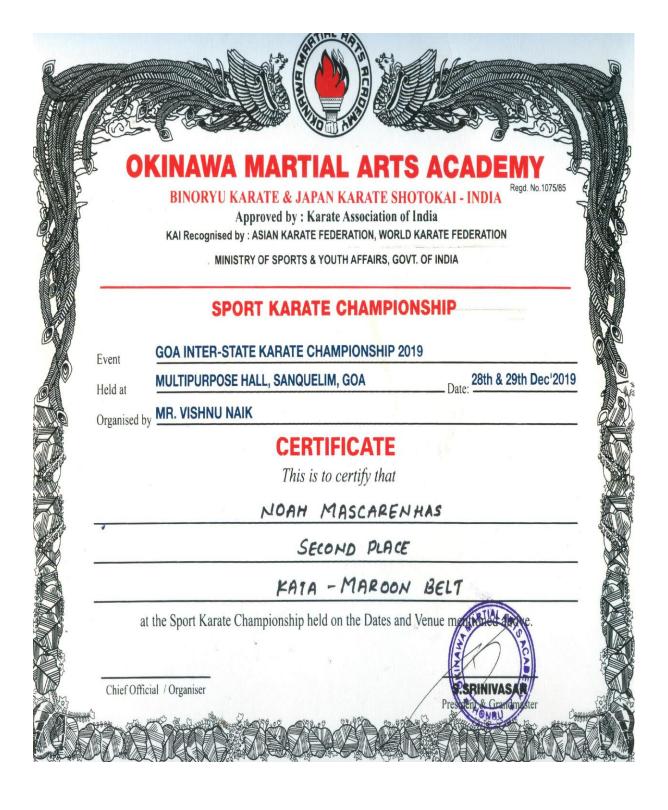
(President) Sensei Subhash S. Shirodkar

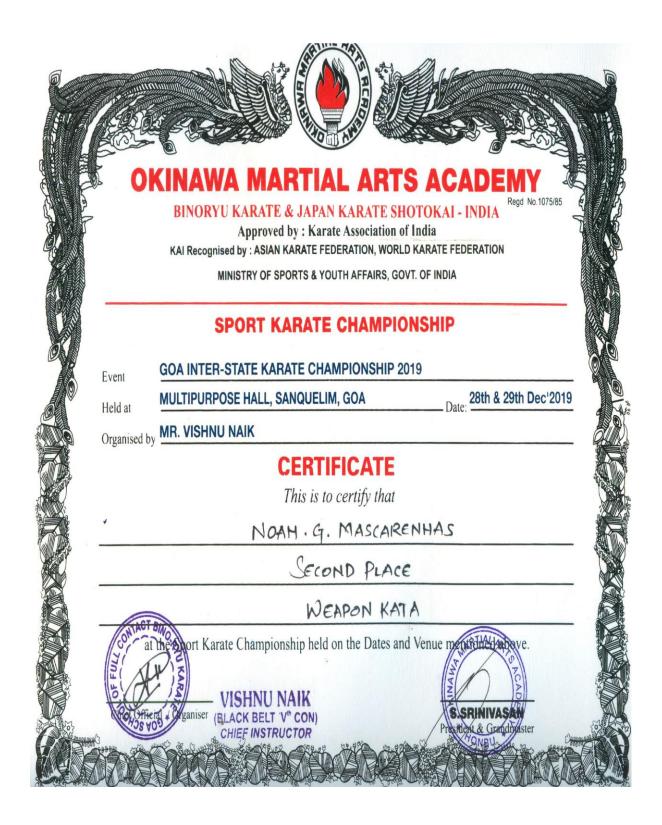
(G. Secretary) **Nandkumar Phadke**  (President LG. Secretary)

**ORG.** Committee

(Tech. Committee)







**Noah Mascarenhas,** FYBBA(Shipping and Logistics) students won the following in the sport of Karate:

- 1) Bronze medal in the event Kumiti in National All Styles Open Karate Championship, 2019 held on 24<sup>th</sup> and 25<sup>th</sup> August 2019.
- 2) First Place in Spanning, Second Place in Kata-Maroon Belt, and Second Place in Weapon Kata in Goa Inter-State Karate Championship 2019 held on 28<sup>th</sup> and 29<sup>th</sup> December 2019.

Neeve Miranda and Muskan Majid of SYBBA won second place in quiz at 'Envisage' National Level Management fest at Jain College Belgaum on 4<sup>th</sup> March 2020.





Madhukar Ghogale of TYBBA (Shipping & Logistics) won Silver Medal in Karate Black belt 66kg category at 6<sup>th</sup> All Goa Tang Soo do State level Championship 2019-2020 organised by Tang Soo do Association of Goa.

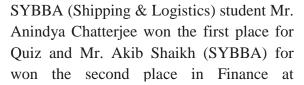


2020.

Former BBA student of Batch 2011-14 Mr. Anthony Gomes and current Chairman of Alumni Association of MES College, won the Venkatesh Govind Sinai Virginkar Prize for standing first in the M.A. French examination at the Goa University Convocation ceremony held at Kala Academy on 24<sup>th</sup> February



13<sup>th</sup> October 2019, SY student Ribhav Sardesai was felicitated by Giants group Vasco for his excellent performance in Sports.







on 22<sup>nd</sup> and 23<sup>rd</sup> January 2020.

TYBBA student Tejas Sutar won first place for Marketing round. Dev Poddar of SYBBA won second place for Entrepreneurship and Akib Shaikh won second place for Finance round at COSMOCRAT 7 Management event organised by Don Bosco College, Panjim



Ribhav Sardesai of SYBBA was felicitated by JCI Vasco as the "Youth Icon 2020" of Vasco on National Youth Day, 18<sup>th</sup> January 2020.