

PSYCHOZEST 2020

The Department of Psychology of M.E.S. College of Arts and Commerce, Zuarinagar organised the 9th edition of Psychozest 2020 on 29th February 2020. The theme of this year was “The Power of Assertiveness in a value added life”. Dr. Ira Almeida, Medical Superintendent and Dy. Director, Hospicio Hospital, Margao graced the occasion as a Chief Guest for the inaugural of the seminar. The dais was shared by the Officiating Principal Dr. Meenakshi Bawa, H.O.D of Psychology, Ms. Cedila Gomes, Psychozest 2020 coordinator Asst. Prof. Fatima Gomes and student co-ordinator Ms. Fayola Fernandes.

Psychozest 2020 comprised of 6 events, viz; – Paper presentation, (UN)Broken, Silent Hunt, Psyche – Split, Psyche Spin and Sarcastic Enough?!. For this state level seminar, we had 6 college teams comprising of 10 participants each. All the six participating teams were given a team name of different TV characters who were assertive in nature. The overall championship trophy was secured by DCT’s Dhempe College of Arts and Science, Miramar followed by the P.G Department of Psychology, Smt. Parvatibai Chowgule College of Arts and Science (Autonomous)’s at the position of 1st Runners Up and St.. Xavier’s College, Mapusa as 2nd Runners up.



The Chief Guest for the inaugural function was Dr. Ira Almeida, Medical Superintendent and Dy. Director, Hospicio Hospital, Margao.



DCT's Dhempe College of Arts and Science, Miramar secured the Championship trophy.

The Chief Guest for the Valedictory function of Psychozest 2020 was Dr.Priyanka Raikar. An occupational therapist..

The Valedictory function of Psychozest 2020 was graced by Dr. Priyanka Raikar, an occupational therapist. She was accompanied by Officiating Principal Dr. Meenakshi Bawa, H.O.D of Psychology, Ms. Cedila Gomes, faculty coordinator, Asst. Prof. Fatima Gomes and student co-ordinator Ms. Fayola Fernandes. The vote of thanks was proposed by the faculty coordinator, Asst. Prof. Fatima Gomes. The faculty of the Psychology department, Asst. Prof. Madhuri Marathe, Asst. Prof. Sumedha More and Asst. Prof. Karun Cherian and student volunteers of Psychology department made the event a success with hard work and sincere efforts.