

**MURGAON EDUCATION SOCIETY'S
COLLEGE OF ARTS & COMMERCE
ZUARINAGAR-GOÄ**

(ESTABLISHED-1972)

AFFILIATED TO GOÄ UNIVERSITY

**ACCREDITED BY
NATIONAL ASSESSMENT & ACCREDITATION COUNCIL
(NAAC)
WITH B GRADE (3RD CYCLE)**

**PRINCIPAL'S REPORT
2016-17**

STUDENTS ADMITTED DURING THE ACADEMIC YEAR 2016-17

Program Name	Semester	Number of students enrolled	Total number of students enrolled
B.Com.	I and II	241	721
	III and IV	293	
	V and VI	187	
B.A. (English, Sociology, Economics, Konkani, Psychology, Political Science, Tourism & Travel)	I and II	133	329
	III and IV	107	
	V and VI	89	
B.B.A.	F.Y.B.B.A.	40	120
	S.Y.B.B.A.	44	
	T.Y.B.B.A.	36	
B.B.A. (Shipping & Logistics)	F.Y.B.B.A. (S & L)	10	31
	S.Y.B.B.A. (S & L)	16	
	T.Y.B.B.A. (S & L)	05	
B.C.A.	F.Y.B.C.A.	72	121
	S.Y.B.C.A.	28	
	T.Y.B.C.A.	21	
M.Com.	Part I	26	26
Ph.D (Economics)		01	01
Ph.D (Sociology)		01	01
TOTAL			1350

RESULTS FOR THE YEAR 2015-16

Our college secured good results in the B. A, B.Com, B.C.A, B.B.A. & B.B.A. (Shipping & Logistics) degree examinations conducted by Goa University.

Program Name	Number of students appeared in the final year examination	Number of students passed in final year examination	Pass Percentage
B.COM	215	187	86.98%
B.A	92	81	88.04%
B.C.A.	37	36	97.30
B.B.A.	41	37	90.24
B.B.A. (Shipping & Logistics)	10	09	90

COLLEGE COUNCIL REPORT

The activities of the college council for the academic year 2016-17 started with holding of the college general elections along with the university elections. The council under the chairmanship of Prof. Cosma Fernandes conducted elections for the post of CR's, UCR's, secretaries and Ladies Representative on 29/07/2016. Shri Akhil Kumar Guchait of T.Y.B.A was elected as General Secretary. Ms. Shreya Singh was elected as the Ladies Representative, Shri Mayuresh Shetye was elected as the Cultural Secretary, Ms. Vaz Milosha Saluzinho was elected as the Debating Secretary and Shri Shaikh Muzammil Anvor was elected as the Literary Secretary.

The newly constituted college council for the academic year 2016-17 was inaugurated on 23rd August 2016 at the hands of Fr. Simon Diniz, Principal of Rosary College of Commerce & Arts, Navelim. The chief guest in his inaugural address appealed to the students to work constructively for the betterment of the college. All elected members of the council were felicitated by the Chief Guest and were administered oath on this occasion.

A talent search programme was organised to exhibit student skills and talent. The events that were organised included Mr. And Ms. Fresher Contest, Solo Dance, Solo Singing and Beat Boxing.

On 3rd September 2016, the Teachers' Day was celebrated in the M.S.Kamat Seminar hall which included an entertainment programme, speeches of students on teachers' day followed by a tea party. Students were seen acknowledging their teachers marking the day in the remembrance of Dr. Sarvepalli Radhakrishnan, an Indian philosopher professor and statesman.

The second meeting of the college council was held on 9th December 2016 in the M.S.Kamat Seminar hall to plan the activities of the second semester, which included the Annual Fun Festival, Annual Social Gathering, Annual Prize Distribution and Farewell Function to outgoing third year students and A.O.B. with permission of the chair.

The Annual Fun Festival was organised from 20th to 22nd December 2016, which exhibited the potential of the students in various fields. The competitions for the event, included Fags Up, Duet Singing, Solo Dance, Fashion Show, Group Dance, Dare to Task, Mr. & Ms. M.E.S., Just a Minute, Carol Singing and Mute Beat. The Off-Stage events includes photography, Poster, Face Painting, Star Making, and Crib Competition. Ms Sahila Shaikh of S.Y.B.A was crowned Miss MES and Shri Imam Khan won the title of Mr.MES 2016.

Our three students, participated in the Inter-Collegiate event 'Inspire- A dedication to St. Teresa of Calcutta' organised by Carmel College for Women Nuvem. Our 7 students, Yash and his group participated in All Goa Inter-College Group Dance Competition.

Our six students under the leadership of Yash won the Third Place in the All Goa Inter College Group dance competition organised by Roshan Dance Academy.

DEBATING ASSOCIATION

The debate club was formed under the Association of Debating with the view to inculcate and develop public speaking skills among students.

- Swachh Bharat

Our students Ms. Vijeyta and Ms. Shreya Rao participated for essay competition organized by Peace and Humanity Forum, Student Centre, Miramar.

- ICG

On 9th December 2016 Debate Club members accompanied by a lecturer participated in GALF (Goa Arts and Literature Festival). Among the highlights of the festival were a series of lectures and book releases from renowned authors, poets and intellectuals. There was also exhibition of Art and Books.

- Rosary College – Elocution Competition
Sahila Sheikh of BA Sem III participated in an inter collegiate competition at Rosary college Navelim
- Ms. Shreya Singh and Mr. Akash Tomar participated and won the 7th All Goa Inter-collegiate Debate Competition on the topic ‘Social Media: A boon or bane’ organized by Mashel Kala Preme of Marcel in Association with Department of English, Govt. College of Arts, Science and Commerce, Khandola-Marcel.
- Our students Ms. Aarti Belani, Ms. Vijeyta Kumari and Mr. Akash Tomar participated in Essay Competition organized by ICG, Dona Paula on the topic ‘Raising the standard of Higher Education in Goa’ the results of which are awaited.

Inter Collegiate Debate

The debate club of MES college of Arts and Commerce has taken the initiative to be a part of a debating series with Damodar College Margao. In this regards the first debate on the topic ‘Demonetization’ was conducted on 17th December 2016. MES college won this debate

Debate involving Students and Teachers

The Debating Association of the college also organized a debate involving students and teachers on the topic Knowledge is power but money speaks on 16th of August 2016. Our students Ms. Shreya Singh, Mr. Akash Tomar, Ms. Diksha Singh, Ms Arti Belani, Mr. Davis Benjamin and Ms. Ana Sequira

Debate Club Meetings

The Debate club conducts meetings every Wednesday.



READERS CLUB

The Readers club under the chairmanship of Dr. Cidalia Bodade was inaugurated by Dyanapeet Awardee Prof. Bhalchandra Nemade. The student members of the Readers Club are active and are given an extra library card in order to enhance their reading. The student members of Sanskriti are automatically made members of the Readers Club.

WOMEN'S CELL JYOTI

The Women's Cell of the college organised Inter-class Rangoli Competition on 3rd September 2016. A total of 25 students participated in the competition. The first prize was won by Ms. Estrelia Coutinho and Ms. Rebuka Karu of B.A. Semester V; second prize was won by Ms. Rakshanda Chari and Ms. Kajol Redkar of B.Com Semester III and third prize was won by Ms. Maithili Kalangutkar and Ms. Akshata Manjrekar of B.Com Semester III.



The Women's Cell organised One-day Workshop on chocolate-making on 14th December 2016. The resource person was Ms. Melissa Martins. A total of 55 students participated in the workshop. The Women's Cell organised the following activities for the ladies week:

- a) Eco-friendly Rangoli Competition
- b) Envelope decoration
- c) Diya painting
- d) Wild-flowers arrangement
- e) Wealth out of waste
- f) Gift-wrapping

CAREER GUIDANCE CELL

The career guidance cell of MES College of Arts & Commerce, Zuarinagar Goa conducted the following activities for the academic year 2016-17



T.I.M.E. Institute, Panaji resource persons giving a talk on banking exams

1. T.I.M.E. Institute, Panaji conducted a talk for the TYBA/BCOM/BBA/BCA students of our college on 11th August 2016 at 12.15 p.m. A total of 36 students attended the talk. The resource persons from the institute gave a detailed explanation of the various banks in India, Banking Exam Board, the various banking exams conducted like the Probationary Officers Exam (P.O.) and the Clerical Exam and their tentative dates.



A talk on Competitive Exams -Class II Government Positions delivered by Prof. Dattaprasad Shirgurkar

2. A talk was organised on Competitive Exams -Class II Government Positions in Central & State Government on 4th July 2016 .A total of 195 students from BA & BCOM attended the talk. The resource person was Prof. Dattaprasad Shirgurkar, Assistant Professor, Department of Political Science, MES College of Arts & Commerce, Zuarinagar Goa.



Shri. John Rodrigues, Branch Manager, LIC of India, Vasco branch delivering a talk on Careers in Insurance.

3. A talk on “Careers in Insurance” was organized on 30th August 2016 for the BA/BCOM/BBA/BCA students in the Seminar Hall of the college. Shri. John Rodrigues, Branch Manager, LIC of India, Vasco branch was the resource person for the talk. He was also accompanied by Shri. Mukund Thakur Asst. Branch Manager, LIC of India, Vasco and Shri. Ramkrishna, Development Officer LIC of India. 35 students attended the talk.



Mr. Tarun Anand of Maxxcell Institute of Professional Studies Pvt. Ltd delivering a lecture on MBA entrance exams

4. The Maxxcell Institute of Professional Studies Pvt. Ltd, a leading training institute in Goa conducted a session for BA and BCOM students on CAT/XAT/GRE/GMAT/ Study Abroad counseling. 54 students attended the talk.
The speaker was Mr. Tarun Anand. The seminar covered areas of further studies- MBA/ banking in India or abroad, specialisations during MBA/PGDM.

RESEARCH CELL

The Research Cell of M.E.S. College of Arts and Commerce, Zuarinagar organized a one –week Faculty Development Programme-Workshop on ‘Applied Statistics and Econometrics’ from 6th April 2017 to 13th April 2017. Dr. Harip Khanapuri, Vice Principal, S.S. Dempo College of Commerce and Economics, Cujira, Goa has consented to be the resource person for this Faculty Development Programme.

The objectives of the workshop are as follows:

1. To orient the participants in basic statistical techniques relevant for research.
2. To acquaint the research scholars and teachers with basic econometric tools to conduct research

Twenty four participants from various colleges across the state of Goa participated in this Faculty Development Programme. The participants were indeed very appreciative of the resource person and the topics covered in this workshop.



Welcome Address by Principal Dr. R.B. Patil



Principal Dr. R.B. Patil welcoming the resource person Dr. Harip Khanapuri



Vice Principal Shri V.V. Sail introducing the resource person Dr. Hanip Khanapuri



The resource person, Dr. Hanip Khanapuri addressing the participants on the importance of applied statistics and econometrics in research



Dr. Harip Khanapuri during one of the sessions on 'Applied Statistics and Econometrics'



Participants at the state level Faculty Development Programme



The Research Cell is in the process of publishing a peer-reviewed research journal with ISSN no.. Letters have been sent to all colleges. The first annual issue of MES's Journal of Humanities and Social Sciences is expected to be published by May 2017. The theme of the first issue is 'India as a Knowledge-based Economy.'

PLACEMENT CELL

The Placement Cell organized a workshop on 'C.V Writing' and 'Tips for answering an interview' for the third year students of the college on 17th August 2016. Mr. Nicholas D'souza was the resource person for the workshop. Around 100 enthusiastic students participated in the Workshop. The Cell has organized placement drive of three companies in the month of January 2017 in our college campus.

Infosys BPO recruitment on 4th January 2017

Solvers India Recruitment on 10th January 2017

Just Dial.com recruitment on 21st January 2017

Around 150 students from Semester VI B.A, B.Com, BBA and BCA are eager to participate in these placement drives.

COUNSELLING CELL

The Counseling Cell of the college, with Ms. Cedila Gomes, as Chairperson and Ms Fatima Gomes and Ms Pooja Parab as members conducted the following activities.

1) WORKSHOP ON 'PERSONALITY DEVELOPMENT'

The Counselling Cell of M.E.S. College of Arts and Commerce, Zuarinagar- Goa under the Co-ordinatorship of Asst. Prof. Cedila Pereira e Gomes organized a workshop on '**Personality Development**' for the students of the college on the 5th of August 2016. Ms. Pooja P. Parab, the Counselor of the college was the resource person for the workshop. The students were introduced to SWOT analysis, wherein they were made to understand their strengths and weaknesses, and gained an insight in converting threats into opportunities by capitalizing on their strengths. This workshop included a lot of fun activities and videos wherein the students realized not to waste time ruminating on the negative and be optimistic which would lead to success in life. The workshop was attended by around 100 enthusiastic students.



Talk by Ms Pooja Parab , Counsellor of the College



Ms. Cedila Gomes, Chairperson of Counselling Cell and Ms Pooja Parab , Counsellor of the College and member of Counselling Cell with students attending the talk on ‘Personality Development’.

TALK ON 'ADOLESCENT RELATIONSHIPS':

Talk on 'Adolescent Relationships' was organised by the Counselling Cell on 25th August 2016. Dr Ira Almeida (Senior Peadiatirican at Hospicio Hospital, Margao) was the resource person. She addressed the importance of healthy relationships in the lives of adolescents and the challenges that come along with it. Students asked her questions around intimacy, parent child relationships, identity confusion etc.

Overall the speaker was able to enhance the knowledge and understanding of the young minds around taking responsibility in making healthy decisions in life. 55 students attended the talk which was interactive and enjoyed by all. Faculty members of the Psychology Department also participated in the talk. Asst. Prof. Fatima Gomes, member of Counselling Cell introduced the speaker and Asst. Prof. Freda Cota e Periera delivered the vote of thanks.

Dr Ira Almeida with the Counselling Cell, Ms Cedila Gomes, Chairperson, Ms Fatima Gomes and Pooja Parab, members of the Counselling Cell and Ms Freda Pereira, In-charge of the Psychology Department



Dr Ira Almeida with the Counselling Cell, Ms Cedila Gomes, Chairperson, Ms Fatima Gomes and Pooja Parab, members of the Counselling Cell and Ms Freda Pereira, In-charge of the Psychology Department and students who attended the workshop.

VALUE EDUCATION CELL

TALK ON PEACE AND HUMANITY

The Value Education Cell of M.E.S College of Arts and Commerce organised a talk on Peace and Humanity on 28th September 2016. The guest speaker for the talk was Mr. Asif Hussain, a businessman and social activist from Vasco. Mr. Asif stressed on peace and humanity as values that are essential to maintain harmony in our nation. The beauty of our democracy and the challenges to ensure lasting peace were focused upon. The talk was an attempt to light a spark in the hearts and mind of our students, to instill in them the values of peace and humanity.



NATIONAL SERVICE SCHEME

The following Activities (200 hours) were conducted by all six NSS Units:

1. International Yoga Day

The N.S.S. Unit of the college started the new academic year by organising a session of yoga in collaboration with the Urban Health Centre, Vasco-da-Gama on 21st June, 2016 on the eve of International Yoga Day. Twenty N.S.S. volunteers and along with NSS Programme Officers participated in the event which was held at 08:30 am in the Seminar hall of the College premises.



NSS POs and NSS volunteers performing yogasanas on International Day of Yoga

2. Inaugural of NSS Activities

The activities of NSS Unit for the academic year 2016-17 of M. E. S. College of Arts and Commerce, Zuarinagar-Goa, was inaugurated at the hands of the Chief Guest Dr. F. M. Nadaf, Principal of Shree Mallikarjun College of Arts & Commerce, Canacona, on 08th July, 2016 at 03:00 pm in the Seminar hall of the College. On this occasion fruit bearing saplings were planted in college premises at the hands of the Chief Guest. 110 NSS Volunteers attended the NSS Inaugural function.

Dr. R. B. Patil, Principal of MES College of Arts & Commerce, Zuarinagar-Goa welcomed the gathering. Shri. V. V. Sail, Vice Principal of College introduced the Chief Guest to the august gathering. Shri. Sanjiv K. Shirodkar, NSS PO In-charge, proposed the vote of thanks. Ms. Shveta S. Desai, NSS P.O. compered the programme. The other NSS POs present were Ms. Fatima Gomes and Shri. Bhiku V. Bhave.



Chief Guest Dr. F. M. Nadaf lights the holy lamp and inaugurates the activities of NSS Unit. The Principal, Vice-Principal, NSS POs and NSS volunteers are also seen in the picture

3. Collection Camp in collaboration with GOONJ

The NSS Unit in collaboration with GOONJ – a Delhi based NGO organized a collection drive of dry ration, utensils, stationery, clothes and other need-based materials from 27th June to 20th July, 2016. MES College was the collection centre for the entire state of Goa.



Members of Lions Club, Dabolim seen donating materials to NSS PO Incharge Shri. Sanjiv K. Shirodkar and Ms. Shveta S. Desai for the GOONJ Collection Drive

4. Van Mahotsav

The NSS Unit in collaboration with Lions Club, Cortalim observed the Van Mahotsav Day on 15th July, 2016 by planting several saplings in the college campus. Members of the Lions Club along with Principal Dr. R. B. Patil, Shri. M. S. Kamat and NSS P.O. In-charge Shri. Sanjiv K. Shirodkar planted fruit saplings namely, chickoo, mango, lemon and jamun in the college premises.

Members of Lions Club, Cortalim seen with Prof. M. S. Kamat, Dr. R. B. Patil and NSS PO In-charge Shri. Sanjiv K. Shirodkar



Observance of Swachhta Pakhwara (16-31 August, 2016)

1. Swachhta Shapath (Oath)

500 students of the NSS Unit pledged their service for upholding cleanliness by taking the Swachhta Pledge on 22nd August, 2016 which was administered by the NSS PO of each NSS Unit.

Members of Lions Club, Cortalim seen with Prof. M. S. Kamat, Dr. R. B. Patil and NSS PO In-charge Shri. Sanjiv K. Shirodkar



Students taking the Swachhta Oath

2. Campus Cleaning

NSS volunteers of all six units cleaned the classrooms, playground and connecting pathways of the college campus



NSS Volunteers cleaning the campus to promote Swachhta

3. Rally on Swachh Bharat

A rally on Swachh Bharat awareness was organized to promote cleanliness and maintenance of the surroundings by the N.S.S unit of MES College in collaboration with JCI-Dabolim on 30 August, 2016. 252 N.S.S Volunteers, NSS P.O. Incharge Sanjeev K Shirodkar along with four NSS Programme Officers participated in the rally. The rally began from MES College to Zari and back to MES College. The students carried educative placards and raised slogans to sensitize people about the importance of keeping the surroundings clean, throwing garbage in bins and taking care of the environment for a clean and green Goa.



NSS Volunteers seen holding placards on the awareness of a clean and green Goa

4. Talk on Swachh Bharat

A talk on ‘Swachh Bharat’ was organized in collaboration with JCI-Cortalim. The talk was on the topic “Solid Waste Management”. The resource persons were JC Manasvi Mayekar (Treasurer of JCI MPT), JC Parshuram Shetye (Secretary of JCI MPT) and JC Seby Costa (Member of JCI Vasco). JC Manasvi Mayekar stressed the importance of segregation of veg and non veg waste and said that vegetable waste can be used as a manure and non-veg waste to be boiled and given to dogs.

JC Parshuram Shetye gave an overview of solid waste management wherein he stressed on the segregation of dry and wet waste and how to decompose wet waste and suggested ways how to reuse dry waste. JC Seby Costa carried out an activity on the innovative ways of reducing the waste. 55 volunteers attended the talk. Ms. Shveta Desai compeered the session and JC Sonam Naik, President of JCI-Cortalim proposed the vote of thanks on behalf of JCI and NSS PO Shri. Bhiku Bhave proposed the vote of thanks on behalf of the NSS Unit of M.E.S College of Arts and Commerce, Zuarinagar.



An NSS Volunteer sharing her feedback during the session on Swachh Bharat

1. International Youth Day 2016

Two volunteers along with NSS PO In-charge, Shri. Sanjiv K. Shirodkar attended the **International Youth Day 2016** organized by Goa State AIDS control Society in collaboration with NSS cell of Goa University at Taleigao on 16th August, 2016. The theme of the celebration was 'The Road to 2030, Eradicating Poverty and Achieving Sustainable Consumption and Production.'

2. Celebration of 70 years of Independence (Azadi 70 – Yaad Karo Kurbani)

The NSS Unit of MES College conducted the following programmes to mark the celebration of 70 years of Independence (09-23 August).

1. Mass singing of National Anthem

Nearly 1000 students rendered the National Anthem on 10 August in remembrance of the martyrs who laid down their lives for the country's independence.

2. Talk on National Borders - Siachen and Kargil

A talk on the 'National Borders - Siachen and Kargil' was organized on 15th August, 2016 between 10.30 and 11.30 am in the Principal M. S. Kamat Seminar Hall of the college campus. Veermatha Anuradha Gore was the resource person. 20 volunteers and five NSS POs namely Shri. Sanjiv K. Shirodkar, Ms. Shveta S. Desai, Ms. Fatima Gomes, Shri. Dattaprasad D. Shirgurkar and Shri. Bhiku V. Bhave attended the talk.

3. The following competitions were conducted by the NSS Unit to mark 70 years of Independence

1. Painting Competition:

A Painting competition was organized by the NSS Unit to mark 70 years of Azadi on 16th August, 2016 between 01. 00 – 03. 00 pm in the college campus. 12 volunteers participated in the competition. The competition was judged by Shri. Narendra Gaonkar and Ms. Shveta Desai. The results of the competition is as follows

	Class	Roll. No.
First Place	B.Com Sem V	139
Second Place	B.Com Sem V	53
Third Place	B.com Sem V	122



NSS volunteers seen during Poster making competition

2. Slogan-writing Competition:

A slogan writing competition was organized by the NSS Unit to mark 70 years of Azadi on 25th August, 2016 between 01. 00 – 03. 00 pm in the college campus. 46 volunteers participated in the competition. The results of the competition is as follows:

First Place	B.Com Sem I	C16125
Second Place	B.Com Sem V	39
Third Place	B.com Sem V	113

3. Patriotic singing Competition:

A patriotic group singing competition was conducted for the NSS volunteers on 22 August, 2016 between 01. 00 – 02. 00 pm in room no 27 of the college premises. Shri. Bhiku V Bhave and Shri. Dattaprasad Shirgurkar were the judges for the competition. 42 NSS volunteers (5 Groups) participated in the competition.



NSS Volunteers seen in the Patriotic Singing Competition

The result of the competition is as follows

First Place	Group No 8	<ol style="list-style-type: none"> 1. Pritha C16130 2. Merin C1612 3. Artha C16315 4. Anisha C16147
Second Place	Group No. 4	<ol style="list-style-type: none"> 1. Sharvani 55 2. RajlaxmiPattar 136 3. RadhaPoojari 238 4. Rubina 216 5. Jayshree 224 6. Vinay 223 7. Aparna 209 8. Rishap 239 9. Tanvi 112 10. Sunil 228
Third Place	Group No 7	<ol style="list-style-type: none"> 1. Kasim 15012 2. Apurva 15030

		3. Ganga 15014 4. Sameer 15001 5. Govinda 15022 6. Pankaj 15006 7. Yusuf 15023 8. Shubham 15025 9. Muqueem 15002 10. Hariprasad 15029
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4. Greeting-card making for jawans

99 NSS Volunteers made greeting cards which were sent to the jawans who were fighting on the borders.



The greeting cards made by NSS Volunteers for the jawans

5. Skit Competition

26 NSS volunteers enacted short skits on the theme of 'Azadi 70 – Yaad Karo Kurbanī' conducted on 23rd August, 2016.

5. Talk on Indian Armed Forces and Freedom Movements

A talk on the 'Indian Armed Forces and Freedom Movements' was organized on 17th August, 2016 between 02.30 and 04.30 pm in the Principal M. S. Kamat Seminar Hall of the college campus. Retd. Cdr. T. R. A. Narayanan was the resource person. His talk was interspersed with lively examples from his career and stated the benefits of joining the armed forces and serving the country. He also listed the qualifications for entering the armed forces. He also discussed the

freedom movements of India to kindle patriotism and love for the country. 70 Volunteers and two NSS POs, Ms. Shveta S. Desai and Dr. S. Susan Deborah attended the talk.



Retd. Cdr. T. R. A. Narayanan addressing the NSS Volunteers

6. Talk on HIV Awareness

The N. S. S. Unit of the college organized a talk on HIV Awareness on 25th August, 2016. The speakers on the occasion were Dr. Lorna Fernandes (Medical Officer at Hospicio Hospital-Margao) and Ms. Fatima Gomes (Counsellor (USA)). 50 N. S. S. volunteers participated in the talk which was held at 02: 30 pm in the Seminar hall of the Collegepremises. NSS Program officers, Mrs. Fatima Gomes welcomed the speakers, while Mr.Bhiku Bhawe delivered the vote of thanks.



Dr. Lorna Fernandes engaging with the NSS volunteers during her talk

7. Talk on Personality Development

The NSS Unit of M. E. S. College of Arts and Commerce, Zuarinagar in collaboration with JCI-Vasco organized a talk on ‘Personality Development’ for the NSS volunteers in the Principal M. S. Kamat Seminar Hall of the College Campus on 01 September, 2016 between 03: 30 and 04: 30 pm. The resource person for the talk was JC Seby Costa, Vasco Zone JCI trainer and JC Nirmesh Tyagi, National and International JCI Trainer. The talk-cum-presentation was interspersed with images, inspirational quotes and examples drawn from real life. The trainers conducted interactive activities by dividing the volunteers into groups. 54 student volunteers and two NSS Programme Officers, Dr. S. Susan Deborah and Mr. Dattaprasad D. Shirgurkar were present for the talk. JC Sujay Rao, JCI-Dabolim was also present on the occasion.



JCI Seby Costa during a session with the NSS Volunteers



JCI NirmeshTyagi interacting with NSS volunteers during a group activity

8. Talk on Leadership Skills

The NSS Unit of M. E. S. College of Arts and Commerce, Zuarinagar in collaboration with JCI-Vasco organized a talk on 'Leadership Skills for the NSS volunteers in the Principal M. S. Kamat Seminar Hall of the College Campus on 03 September, 2016 between 03: 30 and 04: 30 pm. The resource person for the talk was JC Nirmesh Tyagi, National and International JCI Trainer. The talk-cum-presentation was interspersed with images, inspirational quotes and examples drawn from real life. The trainer conducted interactive activities by diving the volunteers into groups. Student volunteers and two NSS Programme Officers, Shri. Sanjiv K. Shirodkar and Mr. Dattaprasad D. Shirgurkar were present for the talk. JC Sujay Rao, JCI-Dabolim was also present on the occasion.

9. Digital India workshop for NSS volunteers and Programme Officers from Colleges under the Goa University

15 NSS volunteers and two NSS POs – Incharge, Shri. Sanjiv K. Shirodkar and Shri. Dattaprasad D. Shirgurkar attended the Digital India workshop for NSS volunteers and Programme Officers from colleges under the Goa University in Panjim on 20th September, 2016. Chief Minister Laxmikant Parsekar who was the chief guest urged college students to become ambassadors of the Digital India programme and propagate the benefits of information technology.

10. Sensitization Programme for Senior Citizens

Two NSS volunteers attended the Sensitization Programme for Senior Citizens under the banner of the District Committee for Maintenance and Welfare of Parents and Senior Citizens, Act 2007 organised by Office of the Collector & District Magistrate, South Goa District and held in Ravindra Bhavan, Baina, Vasco-da-Gama on 21st September, 2016.

11. Celebration of NSS DAY

The following programmes were held to mark the NSS Day on 24th September, 2016

1. Painting Competition

A painting competition on 'Ill Effects of Smoking' was organized for the NSS volunteers. 12 volunteers participated in the competition.

2. Rangoli Competition

A rangoli competition on 'National Leaders of India' was held for the NSS volunteers. 14 volunteers participated in the competition.



An NSS volunteer seen drawing a rangoli

3. Painting Competition

A painting competition on 'Digital India' was organized for the NSS volunteers. 42 volunteers participated in the competition.



Some of the paintings done by NSS volunteers on display

12. Rally on Creating Awareness on Voting Rights

A rally on 'Creating Awareness on Voting Rights' was organized by the N.S.S unit of MES College in collaboration with Office of the Deputy Collector & Electoral Registration Officer, Murnugao Taluka on 29th September, 2016 to create awareness among the people on voting and voting rights. 244 N.S.S Volunteers, NSS P.O. Incharge Sanjeev K Shirodkar along with four NSS Programme Officers participated in the rally. The rally began from MES College to Zari

and back to MES College. The students carried educative placards and raised slogans to sensitize people about the importance of voting, the age for voting and general awareness on voting.



NSS Incharge Shri. Sanjiv K. Shirodkar seen with NSS volunteers in the rally holding placards with creative slogans

13. Swachh Bharat Abhiyan (Clean India Mission) 2016

The NSS Unit organized a Swachh Bharat Abhiyan to clean the neighbourhood of MES College on the occasion of Gandhi Jayanti (02 October, 2016) from 08. 30 am – 12. 30 pm. 200 volunteers participated in the cleaning of Vidyanagar Residential colony and Zari, Sancoale panchayat. 75 bags of plastic waste were collected by the volunteers.



NSS Volunteers seen with NSS POs, Principal Dr. R. B. Patil, Sancoale Sarpanch, Shri Ramakant Borkar and Vidyanagar residents

14. Talk on Road Safety

The NSS Unit in collaboration with JCI-Cortalim organized a talk on Road Safety on 03 October, 2016 in the Principal M. S. Kamat Seminar Hall. The talk was delivered by Mr. Adrian Torres, Senior Manager marketing, Navhind Times. 35 volunteers attended the

talk. He started with the facts and figures relating to deaths and injuries due to road accidents in India and Goa. He suggested safety measures to be adopted. JC Sonam Naik introduced the chief guest and Ms. Shveta Desai proposed the vote of thanks.



NSS Volunteers seen with NSS PO, JCI member and Mr. Adrian Torres

15. Painting Competition on the ‘Ill Effects of Drugs’

A painting competition on ‘Ill Effects of Drugs’ was organized for the NSS volunteers. 25 volunteers participated in the competition.



NSS Volunteers seen during painting competition

16. Talk on Entrepreneurial Skill Development

The NSS Unit in collaboration with JCI-Vasco organized a talk on ‘Entrepreneurial Skill Development’ on 04th October, 2016 from 02. 30 pm to 04. 00 pm in Room No. 19 of the college campus. The talk was delivered by JC Sachin Kurtikar, National level JCI-India trainer. 30 volunteers attended the talk. Mr Kurtikar talked about how an added skill could enable the students to have a cutting edge over other employment seekers. He also stressed on being extraordinary than the ordinary degree holders. JC Sujay Rao introduced the chief guest and Dr. S. Susan Deborah proposed the vote of thanks.



JC Sachin Kurtikar during his talk on Entrepreneurial Skill Development

17. TATA Housing Blood Donation Camp

25 NSS Volunteers donated blood in the Blood Donation Camp organized by the TATA Housing Blood Donation Camp on 06 October, 2016.



NSS Volunteers seen donating blood

18. Joy of Giving Week (Dhaan Utsav) 2016

The NSS Unit in collaboration with El Shaddai, an NGO based in Birla celebrated *Joy of Giving Week* from 02-06 October, 2016. Nearly 100 volunteers donated clothes, rice, sugar and stationery to the children who are taken care by El Shaddai Charitable Trust.



NSS Volunteers seen with the donated items for Joy of Giving Week

19. Regular Campus Development Activity

N.S.S volunteers undertake campus cleaning as part of a regular Campus Development Activity



NSS Volunteers seen during regular campus development activity

20. NSS Grants Status :

Activity	NSS Strength Allocation	Grants received from Govt. during 2015-16	Grants released to NSS Units during 2015-16
Regular Activity		-	-
Special Camping		-	-
Total			

Attended 05 day TOT on life skill training and education programme organised by rajiv Gandhi National institute of Youth Development, Sriperumbudur and Dr. Babasaheb Ambedkar Marathwada University Aurangabad from 13th December, 2016 to 17th December, 2016 at Aurangabad, Maharashtra.

NATIONAL CADET CORPS

1 GOA BN NCC (GIRLS & BOYS)

1. NCC cadets of MES college attended TSC-I,TSC-II,TSC-III ,TSC-IV,IGC-I Camp which was held from 18th June 2016 to 23rd August 2016.Total 9 cadets attended the camp in which 5 girls and 4 boys participated.
2. 1GOA BN NCC of MES College celebrated International Yoga Day on 21st June 2016 in which total 67 cadets had attended the program. The program was instructed by **Shri. Shalesh Chodankar**, Physical Director, MES college.The program was held at the M. S. KAMAT HALL from 7.00am to 8.00am.
3. On 15th August 2016,word of command for flag hosting ceremony was given by the senior cadet **Vijay Kumar Lamani**. After the celebration of Independence day the cadets conducted campus cleanliness drive.
4. On 2nd October 2016 NCC Cadets celebrated Gandhi Jayanti by participating in Plastic cleanliness drive from Birla to Zari in collaboration with the social worker Nelly Rodrigues, member of Lions Club and Maharudra Sports and Cultural Club. Also a rally on Malaria and Dengu awareness was held by NCC Cadets.
5. 28th September 2016 NCC Cadets had undertaken Campus Cleanliness Drive in MES College.

6. NCC Cadets were the volunteer for opening and closing ceremony of BRICS Summit held in Goa on 5th and 15th November 2016.

ARMY GIRLS NCC REPORT

The army girls wing commenced this year with new enrolment of 29 cadets who were very keen and enthusiastic. The cadets took active part in different activities. Starting with international yoga day celebration on 21 June. Regular parades are conducted every Tuesday.

Guard of honor on 15 August and 19 December was given by the cadets.

On 15 August cadets took the anti dowry oath. They also took up camps cleaning and attended a talk on National border Siachen and Kargil by Ms Veermatha Anuradha Gore.

Five cadets participated in the pre RDC camp from 16th to 25 September 2016 at Dharwad.

Two cadets participated at the annual training camp at Mapusa Mount Gurim from 2nd November to 13 November 2016

The cadets participated in a rally on 2nd October 2016 on Anti plastic drive in collaboration with Lions Club Cansulim. The cadets chanted slogans on clean and plastic free Goa. They also educated villages on the effect of malaria the rally was from Birla to Zari.

The cadets also planted plants in the camps each cadet brought a plant from home and planted in the campus.

The cadets participated in the blood donation organized by Lions Club Cortalim on 30th November 2016





To cadets are selected Cadet Ms Gulzar ahmed Sayed from tYBA and Cadet Nazneen Kazi from SYBCOM at Nagaland from 4th Jan to 16th Jan 2017

Five cadets will be answering C certificate exam and one cadet B certificate Exam.

Seven cadets participated in the Goa River Marathon on Sunday 11th December, 2016 the cadets controlled the crowd distributed water, cheered the participants and assisted the organisers.

The NCC day was celebrated in collaboration with EX NCC cadets association of MES College, various competitions were held Cadet Supriya Naik was judge best Cadet.

NCC NAVAL WING

1. 26 cadets participated in the International Day of Yoga on 21 June, 2016 in the Prin. M. S. Kamat Seminar Hall.
2. Seven cadets participated in a ten-day 'Basic Leadership Camp' organized by HQ, NCC Group, Belgaum from 23 June to 03 July, 2016. Five cadets were further selected for advanced Leadership Camp to be held in the future.
3. Two cadets, Mr. Pavan Faujdar and Mr. Aman Yadav participated in 'Run for Tree' to commemorate Van Mahotsav, organized by Goa Forest department on 03 July, 2016 in Panjim, Goa.

4. Ten cadets participated in the Pre-Nausainik camp, Phase I. from 02-11 September, 2016 held at Udipi, Karnataka.
5. Three cadets were selected for Phase II, which was on 16-25 September, 2016 at Udipi, Karnataka.
6. Four cadets participated in Pre-Republic Day Camp (RDC) Camp held at Dharwad, Karnataka from 16-23 September, 2016. The cadets were further selected for Phase II & III held at Hubli, Karnataka.
7. 36 cadets participated in the Swachh Bharat Abhiyan Rally on 02 October, 2016 from M. E. S. College to Birla and back. The cadets promoted cleanliness, anti-plastic and safe garbage disposal to the residents of Birla with the help of educative placards and posters.
8. 42 cadets attended a talk on the 'National Borders - Siachen and Kargil' on 15th August, 2016 between 10. 30 and 11.30 am in the Principal M. S. Kamat Seminar Hall of the college campus. Veermatha Anuradha Gore was the resource person.
9. An inter-cadet skit competition on the topic, "Evils of Dowry" was held in the basketball court of the college.
10. Cadets Miss Tejaswi Gadari is selected for the RDC parade in New Delhi and will be representing I Goa NCC Navel Unit on 26th January 2016 Republic day parade.
11. NCC Day was celebrated on the 27th November 2016 in association with Ex- NCC Cadets association by organizing different types of competition such as general knowledge, seamaphore, navel command etc.
12. Six cadets participated in Advance Leadership Camp held at comembiture, Tamil Nadu from 2nd December 2016 to 12th December 2016.

DEPARTMENT OF COMMERCE

1. Department of Commerce organised an orientation programme for B.Com Students V on Project Work for B.Com Semester V & VI for the Academic year 2016, Head Dept of Commerce Ms Champa R. Parab, Vice- Principal Shri. V.V. Sail, Assoc. Prof. Mr. B.V. Kolekar, and Assoc. Prof. Ms Sanchiliana Faria, gave the brief outline of the whole process and steps involved in doing the project report. They also gave the brief

information about the Goa University guidelines to be followed while undertaking the project work by the students.

2. The Department of Commerce, M.E.S. College of Arts & Commerce, Zuarinagar, Goa, organised an Orientation on Chartered Accountancy and Common Proficiency Test (Foundation) for the benefit of interested students. The Coordinator for CPT Coaching Classes Assistant Prof. Atmaram Tarpe was the Resource Person on this occasion and gave presentation on the entire Chartered Accountancy Course and Career and CPT (Foundation) coaching classes scheduled from last week of July 2016. Fifty Seven students from B.Com Semester I,III and V attended the orientation.
3. The Department of Commerce, M.E.S. College of Arts and Commerce Zuarinagar Goa, inaugurated, the First Batch of TALLY ERP.9 Certificate Course on 4th July 2016. A total of 30 students have registered for the First Batch of this course. Coordinator Ms. Swati Shigaokar is the Resource Person for TALLY ERP.9 which commenced from 4th July 2016 at the college campus.
4. The Department of Commerce of MES College of Arts & Commerce, Zuarinagar, Goa, organised a workshop for B.Com semester V students on topic “Writing of a Project Report on 11th July 2016 between 12.15 to 3.00pm. The Resource person for the workshop was Assistant Professor Shri Rajendra Kumbharjuvekar, Narayan Zantye College Bicholim Goa. The workshop was attended by 130 students of B.Com Semester V, which provided insight to the students on how to write a Project Report which is part of their curriculum of Goa University having a weightage of 100 marks.
5. In continuation of its lecture series for B.Com Semester V students, the Dept. of Commerce of MES College of Arts & Commerce organised another workshop for the B.Com Sem V students on the topic “Basics of Statistical Tools” on 16th July 2016 between 12.15.pm to 3.30 pm. The Programme was also attended by the newly launched M.Com Part I students of the college. The Resource person for the workshop was Assistant Professor Shri Vishal Chari, Shri Damodar College, Margao, an expert on Econometrics and conducts classes for M.Com and PhD Students at the University and the Research Centres of Goa University.
6. An introduction talk on Orientation to Company Secretary and ICIS Coaching Course to be conducted in M.E.S. College for 2016-17 was organised by the Dept. Commerce on 9th July 2016 from 1.15 to 2.30pm for the benefit of interested students who are planning to make career as a Consulate Secretary. The Resource Person and the Coordinator for ICSI for ensuing ICSI Coaching Classes Ms Safal Narvekar made presentation on full course of Company Secretary starting from registration for ICSI till the final stage and details of ICSI coaching.
7. For the first time the Department of Commerce conducted a Bridge course for the benefit of B.Com Semester I students, who have taken admission for B.Com degree through vertical mobility and do not have any knowledge of subjects like Book Keeping and accounting. B.Com Semester-I students took benefit of the Bridge course and made

themselves comfortable with the basic concepts of Book Keeping and Accounting, The course was organised by the Head Dept. of Commerce Ms. Champa R. Parab and she was also the Resource Person to conduct and engage classes along with Assistant Professor Narendra Gaonkar.

8. The Commerce Association Dept. of Commerce M.E.S. College of Arts and Commerce, Zuarinagar Goa, organised, three in One function comprising of inauguration of activities of commerce association 2016-17, felicitation of co-opted members and prize distribution of collage competition its collage competition for B.Com Sem –I students 2016-17 batch. The chief guest for the function CA Kiran Kharangate. The winners of Collage Competition were awarded Cash Prizes and Certificate at the hands of the Chief Guest.
9. Department of Commerce under Commerce Association organized an Innovertising Competition for B.com Semester III students on 22nd August 2016. A total of 150 students from B.com Semester III participated in the competition. The competition is about innovative skill in Advertising a product or a service. The chief guest for the function Mrs. Charuta Mehta, did the honors of prize distribution. The first place for the Innovertising Competition was begged by Team No. 22, Yash Signapurkar and group from B.Com Semester III Div ‘E’ for the product Ziggat Raincoat. The second place was secured by Team No.8 Asmita Hodawadekar and group for the product Aparna Pencil.
10. The Commerce Association and Department of Commerce organized a training programme on Personality Development and Leadership on 30th July 2016 from 2.00pm to 5.00pm in the M.E.S. College of Arts and Commerce Zuarinagar Goa for the co-opted members so called leaders of the Commerce Association 2016-17. The Resource Person for the Training Programme was JC Nirmesh Tyagi and covered aspects like leadership skills, knowledge and positive attitude. Teams were formed of the student participants and students were given topic and asked to make presentation. Other activities were also conducted to test concentration and alertness of the students.
11. Department of Commerce of M.E.S. College under Commerce Association organised its First Inter –Higher Secondary School, Business Quiz Competition exclusively for Higher Secondary from Vasco city. The first place for the Business Quiz Competition was secured by M.E.S. Higher Secondary School, Zuarinagar, The second place was secured by Deepvihar Higher Secondary School, Sada.
12. The Department of Commerce Organised its Annual Study tour from 13th Nov 2016 to 18th Nov 2016 to Hyderabad. Total of 40 Students along with 7 teachers witness the study tour. Faculty with other students visited Indian School of Business. The students and faculty members also got the opportunity to visit Hindustan Machine & Tools, Hyderabad. Mr. Amir Khan Designer at HMT took us for the industrial visit. As the part of study tour students were also taken to sight seeing to show some of the places of historic importance like Charminar , Ladbazar and Golkonda fort. The entire study tour was designed and organised to give some practical knowledge to the students and for their over peronality development.

13. On 5th December 2016 B.com Semester VI students along with the Assistant Professor Shri Narendra Goankar attended the one day state level workshop on “Techniques to Crack the IBPS Bank Examinations” organised by Govt. College of Commerce & Economics, Borda, Margao, in association with State Bank of India Learning Centre, Panaji. Total of 15 students attended the workshop. The workshop enlightened the students on Career Prospects in the Banking sector, Various banking examination conducted, process of application, technique to crack the examination, examination pattern and Sample question paper discussion.
14. On 07th December 2016 B.Com students along with Assistant Professor Atmaram Tarpe attended inter – Collegiate state level event **INSIGNIA** organised by Rosary College of Commerce & Arts, Navelim Goa. Miss Danashree Sancelcar and Miss J Abhinaya Secured Third Place for Power Point Presentation on Incredible State, Incredible India. Miss Nikeeta Falkar secured third place for Make-Over.
15. Department of Commerce under commerce association as a part of Lecture series organised a talk exclusively for B.Com semester VI and M.Com part –I students. Shri Manoj Caculo, Chairman and Managing Director of Caculo group and Shri Shekhar Sardesai, Chairman and Managing Director Kineco Group were the Guest speaker for the programme. They enlightened the students on “ Entrepreneurship and Start-ups”.

FACULTY AND DEPARTMENTAL ACHIEVEMENTS

1. Associate Professor Shri. V. V. Sail

- Member of Academic Council
- Member of Board of Studies
- Chairman of Sub Committee for syllabus for CBCS B. Com Management Subject
- Member of Committee appointed by Academic Council for framing guidelines for differently abled children appearing University exam.
- Co-ordinator for RUSA in college
- Attended workshop on RUSA on 21st Feb. 2017 on Public Finance Management System organised by DHE at Chowgule College, Margao.

2. Associate Professor Ms. Champa R Parab

- Head Dept of Commerce from 06/05/2016 to 31/7/2016
- FIP for the period of two years from 01/08/2016 to 31/09/2018 and joined Dept of Commerce, Goa University to pursue her Ph. D on topic “ Credit Risk and Its Impact on Performance of Public and Private Banks in India.
- Conducted number of activities in the interest of BCom students and the Commerce Association and its executive committees from 17th June 2016 to 31st July 2016.

- Published a Research Paper in International Multilingual Research Journal Issue - 16 Vol- 03 Oct to Dec 2016, Vidyawarta MAH/MUL/03051/2012, ISSN – 23199318 on topic “Literature Review on Credit Risk and its impact on the performance of Banks”
- Attended One Day workshop at MBA Dept. Goa University on 05th November 2016 on Topic Structural Equation Modelling.
- Attended two day FDP on “ADVANCED DATA ANALYSIS FOR RESEARCH” organised by School of Management, Kristu Jayanti College (Autonomous), Bengaluru on 29th and 30th November, 2016.
- Attended faculty development programme workshop on “Applied Statistics and Econometrics held form 13th to 20th Feb 2017 organised S.S. Dempo College of Commerce & Economics Goa.
- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held form 6th to 13th April 2017 organised by Research Cell M.E.S. College of Arts & Commerce Zuarinagar Goa.

3. Associate Professor Mrs. Rochana V. Kharangate

- Took over as M. Com Co-ordinator from June 2016.
- Took over as Head, Dept. of Commerce from 1 August 2016 M. Com Co-ordinator from June 2016.

4. Associate Professor Mrs Sanchiliana Faria

- Attended a workshop on 'Writing Research Papers and Drafting Proposals in Social Sciences' conducted by KLS IMER, Belagavi on 12th and 13th January 2016.
- A paper was published on the title 'Performance of Traditional and Mechanized Fishing sector of Goa' on 25th March 2016 in the 'Intercontinental Journal of Marketing Research Review ISSN:2321-0346 - online ISSN:2347-1670 Volume 4, issue 3, March 2016.
- Attended a state level workshop on Writing Research Papers and Drafting Research Proposals in Social Sciences held on 29th and 30th March 2016.
- A paper was published on the title 'An Analysis of marine production and exports of Goa's fisheries sector' on 7th July 2016, Intercontinental Journal of Marketing Management ISSN:2350-0891 -online ISSN:2350-0883,volume 3, issue July 2016.
- As a project Co-ordinator for B.Com conducted Orientation on Project for B.com Semester V students of M.E.S college on 7th July 2016 .
- Attended a workshop on 'Advanced Data Analysis for Research' organized by KristuJayanti College (Autonomous), Bengaluru during November 28th& 30th, 2016.

- Attending Faculty Development Programme on Financial Econometrics on 3rd January -8th January 2017 at Bharati Vidyapeeth University Institute of Management & Research, New Delhi.
- Presently on two years leave of UGC Faculty Development Programme XII Plan to complete Ph.D at the Goa University.
- Attended faculty development programme workshop on “Applied Statistics and Econometrics held from 13th to 20th Feb 2017 organised S.S. Dempo College of Commerce & Economics Goa.
- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held from 6th to 13th April 2017 organised by Research Cell M.E.S. College of Arts & Commerce Zuarinagar Goa.

5. Associate Professor Shri. Ashish M Joshi

- Attended two day workshop on writing research papers and drafting research proposal in social sciences organised by MES College of Arts and Commerce, Zuarinagar Goa on 29th & 30th March 2016.
- Attended one day workshop on “Structural Equation Modelling” organised by Department of Management Studies, Goa University on 5th Nov 2016.
- Attended two day FDP on “ADVANCED DATA ANALYSIS FOR RESEARCH” organised by School of Management, Kristu Jayanti College (Autonomous), Bengaluru on 29th and 30th November, 2016.
- Service Quality and Customer Satisfaction among Selected State Cooperative & Multi-State Cooperative Banks in Goa - A Study, International Journal of Science and Research (IJSR) ISSN (Online): 2319-7064 Index Copernicus Value (2013): 6.14 | Impact Factor (2015): 6.391
- International Journal of Science and Research (IJSR) ISSN (Online): 2319-7064 Index Copernicus Value (2013): 6.14 | Impact Factor (2015): 6.391
 - Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held from 6th to 13th April 2017 organised by Research Cell M.E.S. College of Arts & Commerce Zuarinagar Goa.

6. Associate Professor Savia Mendes

- Paper “Exploring the Responsiveness of Indian Companies towards Section 135 Of Companies Act 2013”, Published in 'Empowering Indian Economy, Recent Economic Reform.' Publisher Dominant Publishers & Distributors, ISBN : 978-93-840207-62-5, Author Dr. B. Ramesh and Savia Mendes.
- Attended in Department of Management Studies, Goa University, One Day Workshop on Structural Equations Modelling Using AMOS on 5th November 2016.

7. Associate Professor Mr. Sanjiv Shirodkar

- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held form 6th to 13th April 2017 organised by Research Cell M.E.S. College of Arts & Commerce Zuarinagar Goa.

8. Assistant Professor Swati Shigaonker

- Conducted Tally ERP 9 Certificate course in August 2016. 25 students registered for the course.
- Conducted coaching classes for C.S. Foundation course.
- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held form 6th to 13th April 2017 organised by Research Cell M.E.S. College of Arts & Commerce Zuarinagar Goa.

9. Assistant Professor Shevta Desai

- Conducted coaching classes for CPT and C.S. Foundation course.
- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held form 6th to 13th April 2017 organised by Research Cell M.E.S. College of Arts & Commerce Zuarinagar Goa.

10. Assistant Professor Safal Narvekar

- Coordinator for C.S. foundation course and conducting lectures on Financial Accounting & Auditing. Total of 9 students had enrolled for the course. In 2015 - 2016 Batch, 7 students have cleared the exam in the first attempt.
- Published a paper on the title 'A Study on PradhanMantri Mudra Yojana - Benefits for MSME', in National Conference on Skill Entrepreneurship, Commerce & Management @ 2020, organisedby Centre for Skill & Entrepreneurship Development, Shivaji University, Kolhapur in association with Sanjay Ghodawat Institute, Faculty of Management on 17th & 18th December 2016, ISBN - 978 - 83796 - 43 - 4
- Published a paper on the title 'ANALYSING STRATERGY FOR SMART CITY MISSION', in the National Conference on New Horizons in Business & Management - A Gateway for Opportunities for Business Innovations, organised by RamanandArya, D. A. V. College, Station Road, Datar Colony, Bhandup (East), Mumbai - 400042 on 28th January 2017.
- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held form 6th to 13th April 2017 organised by Research Cell M.E.S. College of Arts & Commerce Zuarinagar Goa.

11. Assistant Professor Atmaram Tarpe

- Published a paper titled “Key Challenges towards Make in India: Case Study Analysis of Selected Micro Small and Medium Enterprises in Goa”, in a edited book titled “MAKE IN INDIA : India as a Future Global Manufacturing Hub” ISBN : 9789384298517, BROADWAY PUBLICATION HOUSE.
- Coordinator for C.P.T. Coaching Classes for 2016 - 2017. A Total of 14 students enrolled for C.P.T. Coaching Classes. 4 Students successfully cleared C.P.T. Exam 2017.
- Successfully completed 94th Orientation Programme, conducted by UGC HRDC, Goa University, held from 21-06-2016 to 18-07-2016 and has obtained 'A' grade.
- Attended three days National workshop on Data Analysis & Advanced Statistical techniques using SPSS & AMOS organised by VIT Institute, Vellore, Tamil Nadu from 27th January 2017 to 29th January 2017.

12. Assistant Professor Ms. Teja Kerkar

- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held form 6th to 13th April 2017 organised by Research Cell M.E.S. College of Arts & Commerce Zuarinagar Goa.

13. Assistant Professor Narendra Gaoankar

- Conducted coaching classes for CPT students
- Attended and accompanied students for one day state level workshop on “Techniques to Crack the IBPS Bank Examinations” organised by Govt. College of Commerce & Economics, Borda, Margao, in association with State Bank of India Learning Centre, Panaji.
- Attended three days National workshop on Data Analysis & Advanced Statistical techniques using SPSS & AMOS organised by VIT Institute, Vellore, Tamil Nadu from 27th January 2017 to 29th January 2017.
- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held form 6th to 13th April 2017 organised by Research Cell M.E.S. of College of Arts & Commerce Zuarinagar Goa.

14. Assistant Professor Puja Paresh Kerkar

- Published a paper entitled “Cause and Effect Relationship between future closing Price, Trading Volume & Open Interest of Nifty stock Index Future Contracts” in Inspire – Journal of Commerce, Economics & Computer Science ISSN : 2395 – 7069 (Impact factor : 17122) Volume 02 No. 02, April – June, 2016.

- Attended 2 days State level Workshop on Time Series Econometrics on 30th & 31st January at VidyaPrabhodini College of Commerce, Education, Computer & Management, Porvorim, Goa.
- Conducted 3 Days workshop on Common Entrance Exam from 9th to 11th February 2017 for B. Com & M. Com Students.
- Attended & Accompanied students for State Level Inter Collegiate Business Event 'Chakravayuh 2017' held on 14th January 2017 organised by S. S. Dempo College of Commerce & Economics, Panaji, Goa.

15. Assistant Professor Shrimati Naik

- Attended state level faculty development programme workshop on “Applied Statistics and Econometrics held from 6th to 13th April 2017 organised by Research Cell of M.E.S. College of Arts & Commerce Zuarinagar Goa.

DEPARTMENT OF SOCIOLOGY

Department Activities under the Sociology Study Circle

The Department of Sociology under the ‘Sociology Study Circle’ held the following activities for their students:

- Inaugural of the activities of the Sociology Study Circle on 08th July 2016.
- A Workshop on ‘Effective Study Habits’ for the Third Year B.A. Sociology Students was held on 16th. July, 2016. The aim of the workshop was to facilitate and tap the dormant potential of the youth in giving their best at the ensuing examinations and other competitive exams. The topics covered were identification of one’s strengths and weaknesses, time management, procrastination and so forth.
- An annual inter-collegiate event “Socio-Expressions” on 26th August, 2016. A State Level Students Seminar “Britain’s Exit from the European Union – Impact on Goans in the UK”. There were fourteen paper presenters, from 14 different colleges in Goa.
- Field Trip was organized by the department for TYBA Sociology students on 29th September to places of cultural and historical significance in South Goa such as Chandreshwar, Zambaulim and Menezes Braganza House at Chandor.
- Lensa Soares and of SYBA participated in the State - Level Seminar on ‘Euthanasia’ at Govind Ramnath Kare College of Law, Margao, in association with ‘Sanjeevan’ – Society for Youth and Development held on 30th July, 2016.

Faculty Research Activity

1) Dr. R. B. Patil

- Dr. R. B. Patil was a resource person for the technical session – II of the one day National Level Seminar on ‘Interdisciplinary Approaches of Commerce, Management and Social Sciences’ at Government First Grade College, Khanapur district, Belagavi on 9th August, 2016.
- Successfully guided his Ph. D. student Ms. Sonal Thakker.

2) Dr. Sonal Thakker

- Ms. Sonal Thakker participated in the State - Level Seminar on ‘Euthanasia’ at Govind Ramnath Kare College of Law, Margao, in association with ‘Sanjeevan’ – Society for Youth and Development held on 30th July, 2016.
- Participated in one day National Level Seminar on ‘Interdisciplinary Approaches of Commerce, Management and Social Sciences’ at Government First Grade College, Khanapur district, Belagavi on 9th August, 2016.
- Presented a paper ‘Ramifications of Brexit on Goans and Goan Society’ at the X Karnataka Sociology Conference on ‘Development, State and Environment in Karnataka: Issues, Conflict and Concern’ at Mysuru from 17 to 19 August, 2016.
- Participated in a Stress Management Professional Certification Workshop 4-6 October 2016 jointly organized by M. E. S. College and International Stress Management Association in collaboration with International Council of Stress Management Professional, Sydney, Australia.
- Successfully completed her Ph. D. Viva-voce in December, 2016.

3) Ms. Jessy Coutinho

- Ms. Jessy Coutinho has registered for Ph. D. in the Department of Sociology, Goa University in the month of September, 2016.
- She was a resource person for the Goa State Road Safety Week programme held at Curchorem, Sanguem taluka organized by Directorate of Transport, Goa on 20th September, 2016.
- She presented a paper ‘Young Widowhood: Reconstructing Identity’ at the X Karnataka Sociology Conference on ‘Development, State and Environment in Karnataka: Issues, Conflict and Concern’ at Mysuru from 17 to 19 August, 2016.
- She participated in UGC sponsored National Level Seminar on ‘Human Rights of Women and Children’ at Fr. Agnel College of Arts and Commerce, Pilar on 12th August, 2016.
- Presented a paper titled ‘Young Widowhood: Reconstructing Identity’ at the International Conference and Symposium on Women Empowerment, organized by FATER Academy of India, at Carmel College, Nuvem from 10 to 12 November, 2016.

- Presented a paper titled ‘Psycho-social Impact of Domestic Violence on Children’, at the National Level Seminar organized by Department of Psychology, MES College in collaboration with ARZ, from 14 to 15 December, 2016.

DEPARTMENT OF ECONOMICS

The faculty of the Department of Economics is actively involved in research. The faculties have presented papers at various state, national and international seminars/conferences and have research publications to their credit.

Dr. Rekha Gaonkar’s book titled ‘Financial Inclusion’ has been published by A.P.H. Publishers, New Delhi. Dr. Rekha Gaonkar’s paper titled ‘Factors Responsible for Declining Child Sex Ratio in India’ has been published in the Conference Proceedings by NIRD, Hyderabad in March 2016. Her paper titled ‘Education and Development- An Analysis of Literacy Trends in India’ has been published in ZENITH International Journal of Business Economics and Management Research.

Ms. Gouri K. Manerkar presented a paper titled ‘An Analysis of the factors Empowering Women through microfinance’ at the International Conference on ‘Agriculture, Science, Technology, Management and Social Science’ organised by FATER Academy of India in collaboration with Carmel College of Arts, Science & Commerce for Women in collaboration with International Multidisciplinary Research Foundation held from 10th to 12th November 2016. She presented a paper on ‘Globalisation and its impact on small and medium enterprises’ at the National Seminar on ‘The role of MSME’s in the Indian Economy’ organised by Shree Damodar College of Commerce and Economics, Margao and Goa Economics Association held on 21st & 22nd March 2016. Her paper titled ‘Issues and Challenges faced by Micro, Small and Medium enterprises in Goa- Case Study’ has been published in ZENITH International Journal of Business Economics and Management Research. Her paper titled ‘Factors influencing Passengers’ Satisfaction towards Services Provided by Kadamba Transport Corporation with regard to Shuttle Services in Goa’ has been published in International Journal of Research in Commerce, Economics and Management.

Mrs. Shivani Shirodkar presented a paper titled ‘Mudra Bank- A Policy Initiative Towards Strengthening MSMEs’ at the National Seminar on ‘ The Role of MSMEs in the Indian Economy’ organized by Shree Damodar College of Commerce and Economics, Margao on 21st & 22nd March 2016.

Mrs. Shivani Shirodkar attended the FDP for senior faculty on Research Methodology organized by Department of Education and Extension, Savitribai Phule Pune University from 6th June to 12th June 2016.

Mr. Rajesh Shetgaokar presented a paper titled 'Problem and Prospects of Goa's Traditional Pottery Industry' at the National Seminar on 'The Role of MSME,s in the Indian Economy' organized by Shree Damodar College of Commerce and Economics, Margao Goa on the 12th March 2016.

Mr. Rajesh Shetgaokar attended the Faculty Development Programme on 'Applied Statistics and Econometrics' organized by the Research Cell, M.E. S. College, from 6th to 13th April 2017.

The Department of Economics has organized the following activities:

1. The Department of Economics conducted a bridge course in Economics for three weeks. The course was specially designed for BA Semester I students who have had no exposure to Economics earlier. The main objective of the course was to introduce the basic concepts of Economics to the students so as to enable them to cope with the current syllabi. 15 students registered for the course.
2. The inauguration of the Certificate Course on 'Quantitative Techniques and Basics of Econometrics' was held on Thursday 11th August 2016. Dr. E. M. Travassos, Headr, Department of Economics, & Vice Principal, Parvatibai Chowgule College of Arts & Science (Autonomous), Margao was the chief guest and resource person. Dr. Travassos delivered a lecture on 'The Relevance of Econometrics in Modern Economies'.
3. Dr. Shilpa Samant, Head, Department of Economics, DCTs Dhempe College of Arts & Science, Panaji, delivered a talk to all students on 'Career Options for Economics Graduates' on Friday 19th August 2016.
4. A Certificate Course on 'Quantitative Techniques and Basics of Econometrics' of 20 hours per semester is being conducted by Asst. Prof. Yasser Hussain Razak .
5. The Economics Club organized ECOBUZZ 2016 on 27th August 2016. The event was a tremendous success with over 450 students from various BA/ BCom classes participating in 13 competitions. Adv. Yemane D'Souza, a former student of MES College (2007 batch) was the chief guest for the inaugural function. The inaugural function was followed by various on-stage and off-stage competitions. The topic for the debate was 'Inflation is necessary for a healthy economic growth.' The topic for the essay competition was 'Tourism in Goa: A boon or bane.' There were two rounds of group discussion on the topics 'Reverse Brain Drain – Can we make it happen?' and 'Start ups v/s Big brand names - which one should one join?' There was a written quiz competition and treasure hunt as well. Students displayed their talent and creativity in competitions such as T-shirt painting on the theme 'India's urban poor', Rangoli on the theme 'Save the environment' and Collage on the theme 'Growth of consumerism in India.'

The participants also showcased their talent in E-tunes wherein they composed the lyrics for their songs on several themes of economics and Eco-fusion where they depicted themes like poverty, unemployment and corruption through a fusion dance. The last competition for ECOBUZZ was the fashion show which was a blend of glamour, creativity and talent. Mrs. Nandita Pinto Dayal, Ward Member from Issorcim which is a part of the Village Panchayat of Velsao-Pale-Issorcim, was the Chief Guest for the prize distribution function.

6. 4. An inter-collegiate essay competition on ‘Consequences of In-migration on Goan Economy’ was organized on Thursday 1st September 2016. 21 students from 12 colleges participated in this competition.

7. A total of 105 students from FY/SY/TY B.A./B.Com participated in the “Know Your Economy Test” organized by Parvatibai Chowgule College of Arts and Science, Margao, Goa in collaboration with Scientific Research Association for Economics and Finance, Chennai on 11th December 2016.

8. The Department of Economics is organizing the National-level ECOFEST 2017 on 27th and 28th January 2017. The annual magazine ‘KIRAN’ will be released at ECOFEST 2017.

9. A Certificate Course on ‘Basics of the Theory of Music (Western Classical)’ of 20 hours per semester is being conducted by Dr. Meenakshi Bawa. 13 students from FY/SY/TY BA/ BCom/ BCA/BBA have registered for the course.

10. Meditation classes are being conducted by Dr. Rekha Gaonkar everyday from 8.00 a.m. to 8.15 a.m.

Inauguration of the Certificate Course on ‘Quantitative Techniques and Basics of Econometrics on Thursday 11th August 2016. Dr. E. M. Travassos, Head, Department of Economics, & Vice Principal, Parvatibai Chowgule College of Arts & Science (Autonomous), Margao



Dr. Shilpa Samant, Head, Department of Economics, DCT's Dhempe College of Arts & Science, Panaji, delivering a talk to all students on 'Career Options for Economics Graduates' on Friday 19th August 2016



The Chief Guest, Adv Yemane D'Souza, ex-student of M.E. S. College, addressing the members of Economics Club at the Inaugural Function of ECOBUZZ 2016 on 27th August 2016



The Chief Guest, Mrs. Nandita Pinto Dayal, Ward Member from Issorcim which is a part of the Village Panchayat of Velsao-Pale-Issorcim presenting the Winner's Trophy to BA Sem III Div B at the Prize Distribution Function of ECOBUZZ 2016



Participants at the Inter-collegiate essay competition on ‘Consequences of In-migration on Goan Economy’ was organized by the Economics Club on Thursday 1st September 2016. 21 students from 12 colleges participated in this competition.



DEPARTMENT OF ENGLISH

The SIX UNITS Department of English emerged with **the best ever 100% results** at the TYBA Examination of Goa University held in April 2016 with **04** students standing in Distinction, **06** First Class and **06** Second Class. The Department is in the process of getting necessary approvals to introduce MA in English from June 2017.

Some of the activities organized by the Department are Fun with Literature- an activity for school students, a DST Workshop and a lecture on Advertising by MrsVaishali Joshi. An International Conference was also organized in February 2017. The Department inaugurated its Literary Cell SANSKRITI in September 2016 at the hands of Prof DrMeenakshi Raman, Head of the Department of Humanities, BITS Pilani, Goa Campus.

The students participated in YuvaSrujan organized by Menezes Braganza Institute and Pegasus Literary Festival at Chowgule College in which our student and the Beauty Queen MsDiksha Singh won the Major Event COSFEST with the cash prize of Rs 7,000/-. They also participated in the spiritual essay competition organized by Sri Ram Chandra Mission in collaboration with the UNO. A Journalism Workshop was organised by The MurgaonPatrakarLekhaksangh for 29 students of the SYBA Class.

Dr Sandhya N Bhandare, Head, Dept of English holds the prestigious position as the member of The Affiliation Committee of Goa University since 2011 to date. She participated in the National Seminar on 'Writing Centre' organized by Chowgule College in August 2016.

Dr Cidalia Bodade published two books in February 2016: *Shashi Deshpande's Women Characters and Women in Tourism Industry*. She is the member of the Board of Studies in English at Goa University.

Dr Susan Deborah publishes the Quarterly News Bulletin of MES College – *The Voice of MES*. She has two articles on Food Studies. She is the joint editor and publisher of a few books and articles in International journals.

Ms. Poorwa Naik guided two students – Ms. Shriya Amerkar and Ms Frenzy Fernandes, in presenting papers at the students' seminar in Rosary College, Navelim on the topic 'Goan Identity as revealed in the Goan Writing.'

Ms Shilpa Tanna has registered for her Ph D on The Graphic Novel in BITS.

DEPARTMENT OF PSYCHOLOGY

INAUGURAL OF PSYCHOLOGY CLUB AND DIPLOMA COURSE IN COUNSELLING TECHNIQUES

The Psychology Department of **M.E.S. College** inaugurated the **Psychology Club** and **Diploma Course in Counselling Techniques** at M.E.S. College, Zuarinagar on the 13th of July 2016. Dr Mahesh Pai, officiating Principal of Goa College of Home Science was the Chief Guest for the function. Shri Prof. V.V Sail, the Vice – Principal of the College welcomed the gathering.

The Chief Guest in his address, stressed the importance of counseling skills in understanding oneself and others. Ms. Cedila Gomes, the Coordinator of the **Diploma Course in Counselling Techniques** appreciated the overwhelming response for the said course with the enrollment for this academic year as 36. She also added that the unique feature of the course was the internship program which would help students gain practical exposure.

Ms Fatima Gomes, the Co-ordinator of the Psychology Club highlighted some of the activities of the Club such as Psychobuzz; an interclass competition for the club members, Psychozest; an annual inter collegiate event, Canteen Mela and the Psychology Department Magazine. Ms. Freda Pereira, the in-charge of the Department proposed the vote of thanks. The inaugural was witnessed by 100 students of the college. Ms. Liz Moraes compered the function.



Dr. Mahesh Pai ,Chief Guest, at the inaugural of Psychology Club and Diploma Course in Counselling Techniques alongwith Ms. Freda Pereira, the in-charge of the Department, Ms. Cedila Gomes, the Coordinator of the **Diploma Course in Counselling Techniques**, Ms Fatima Gomes, the Co-ordinator of the Psychology Club, Ms. Liz Moraes, Faculty of the Psychology Department and Ms. Pooja Parab, the College Counsellor.

VISIT TO DISHA SCHOOL

The students of the Diploma Course in Counselling Techniques of M.E.S. College of Arts and College, Zuarinagar visited Disha Special School in Panjim on the 11th of August 2016. Ms. Lyssandra Fernandes, the Clinical Psychologist working at the Disha Vocational Centre explained the working of the Centre. She informed that training at the Centre was imparted to individuals aged 18 years and above which involved making of cards, files, folders, wax flowers, rakhis etc and the proceeds are given to the students themselves.

Disha School also holds stalls at various nearby schools and colleges to create awareness and sell articles made by the students. The other section is the main school where children below the age of 18 years are given individual attention according to their special needs. The school caters to the needs of children having autism, cerebral palsy, who are mentally challenged, etc. The school has a clinical psychologist, art teacher, speech therapist etc.

Besides the school also caters to the other abilities of the child like sports and one child has even been to the U.S and bagged gold medals at the Olympics in athletics. The acting Principal, Ms Nabila Sheikh spoke of the various challenges the students face and how they help them to handle social and self help skills. The students were accompanied by their faculty Asst. Prof.

Cedila Pereira e Gomes, faculty in the department of Psychology at M.E.S. College of Arts and Commerce, Zuarinagar- Goa.



Asst. Prof. Cedila Pereira e Gomes organized a field visit to Disha Special School in Panjim on the 11th of August 2016 for the students enrolled for the Diploma Course in Counselling Techniques .

‘HEALTH TALK’

A Health Talk titled ‘Eating your way to a healthy lifestyle’ was organized by the Psychology Department on the 26th of August 2016. Ms. Sheryl Afonso e D’Souza was the resource person. She has to her credit a teaching experience of 13 years. Ms. Afonso is associated with the Indian Red Cross Society and Norbert’s Fitness Studio as Clinical Nutritionist, and is also Visiting Faculty at institutes such as St. Xavier’s College, Nirmala Institute of Education, and the Academy of Culinary Education. She spreads the message of healthy eating and healthy living to the masses through the local newspapers and magazines, especially through her weekly column on the Weekender and is the Director of the YMCA, Panaji, and Chairperson of the Women’s Forum, YMCA, Panaji. She highlighted the importance of eating the right type of food at the right time which she considered crucial to maintaining ideal body weight. She also opined that becoming fit and not losing weight should be the goal of an individual while engaging in a physical activity. Asst. Prof. Ms. Cedila Gomes compered the function. The talk was attended by around 70 students.



Ms. Sheryl Afonso e D'Souza, was the resource person for a Health Talk titled 'Eating your way to a healthy lifestyle' organized by the Psychology Department.



Ms. Sheryl Afonso e D'Souza, was the resource person for a Health Talk titled 'Eating your way to a healthy lifestyle' organized by the Psychology Department.

PSYCHOLOGY DEPARTMENT ORGANIZED A WORKSHOP ON :

Research methodology for 3rd year B.A students was organized by department of Psychology. Dr.Vijay Viegas of St.Xaviers College Mapusa (Professor of Post Graduate dept) was the resource person .This workshop was organized to help the students work on their projects and dissertation paper. Prof. Freda Pereira coordinated the workshop and spoke on the need and purpose of organizing such a workshop.

- **The Psychology Department organized a unique photography competition** under the Psychology Club on the theme, **‘Discover Your Inner Child’**. Miss Snaha Ganachari from SYBA bagged the prize which was given to her by Dr.Ira Almeida.
- **The movie ‘My sisters keeper’ on cancer awareness and ‘Inside out’ on understanding emotions** were screened for SYBA and TYBA students.

AIDS AWARENESS DAY

2nd December 2016 was observed as AIDS day by counseling cell of MES College Zuarinagar Vasco. Mr. Peter Borges was the resource person on this occasion. He is the President of Human Touch (NGO) which is working with people living with HIV & SUBSTANCE ABUSE, secretary of Positive People (NGO) and also he is working with United Nation for youth development.

In his session on awareness on AIDS & STI was done through videos and other visual media. He shared the practical experiences on working with people living with HIV and substance abuse. The program was witnessed by large number of students. Psychology department in charge Mrs. Freda c. Pereira, Mrs. Cedila Gomes (Chairperson) and Mrs. Fatima Gomes (member of counseling cell), Jessy Coutinho (faculty of sociology) and Favita Dias (faculty of sociology) were present for this program. This program was coordinated by Ms.Pooja P. Parab the counselor of MES College.





Mr. Peter Borges , the resource person conducted a session on AIDS Awareness on the 2nd December 2016 organized by the Psychology Department.

INTERNATIONAL STRESS MANAGEMENT WORKSHOP



International Stress Management workshop was organized on 4th to 6th October 2016. The resource person for this workshop was Dr. B. Udaya Kumar Reddy Director and Master Trainer

of Stress Management Certification Workshops in India and he is the founder of International Stress Management Association India.

This workshop was organized to help professionals get acquainted with Stress Counseling and find effective Interventions to deal with stress. This workshop was highly successful and around 50 participants inclusive of professors, post graduate students of various colleges in Goa, industry personnel and counselors participated in the workshop.

TWO DAY NATIONAL LEVEL SEMINAR

Department of Psychology M.E.S College of Arts and Commerce, Zuarinagar, in collaboration with Arz, a social work organization, organised a Two Day National Level Seminar on the theme **“Impact of Violence and Abuse: Need for Psychosocial, Medical and Legal Intervention”**.

Hon. Governor Smt.hon. Mridula Sinha was the chief guest of this session and Mr. Colin Wells deputy British High Commission Delhi was the Guest of honour.

The main objective of this Seminar was to sensitize the society on the impact of violence and abuse on the victims, understand the mindset of the perpetrators, bring about a change in the mindset, behaviour and find effective measures to deal with the victims and perpetrators. It has also facilitated the counselors, caregivers and authorities find effective solutions in reaching out to the suffering victims. A total of 120 participants comprising of Professors, lawyers, NGO personnel, counselors and students participated in the national seminar. Dr.Vijayalaxmi Amina Bhavi of Karnataka University Dharwad, Dr.Jaya Shankar Reddy of Christ University,Dr.Uday Kumar Redy of Hyderabad, Dr.Sujata satapatthi of all india institute of medical sciences, Dr.Vijay Ragvan of TISS, Dr.Jamuna of NIMHANS,Dr.Mahesh Pai Principal of Home Science college were the subject experts. Besides there were 16 penalist, paper presenters and participants from within and outside Goa. Chief Guest Valedictory function was Dysp.Suchita Dessai.



Freda c Pereira participated in the Goa Can Forum organised by Rolland Martins and Dr.Peter Director of COOJ



Freda C Pereira participated along with students in Mind Ki Baat a public programme organised by Director of COOJ Dr. Peter and his team in collaboration with M.E.S college department of Psychology

ACHIEVEMENTS OF THE FACULTY IN THE PSYCHOLOGY DEPARTMENT:

Prof Freda Cota e Pereira, In- charge, Psychology Dept

- Member of board of studies.
- Presented paper titled “impact of demographic factors on father-child relationship of goan adolescents” International Seminar. 4th November on stress management at Pune
- Presented paper Mental health & psychosocial support interventions for victims of sexual violence’ National Seminar on 14th December Goa.
- Coordinator of National Seminar on “impact of violence and abuse: need for psychosocial, medical and legal intervention” held on 14th and 15th December 2016.
- Coordinator of international stress management workshop held on 4th to 6th October 2016
- Organized Research methodology workshop for 3rd year B.A students in July 2016.

Ms. Cedila Pereira e Gomes, Asst. Prof. in Psychology

- **Organized** a field trip to **Disha Special School**, Porvorim Goa for the students enrolled for the Diploma Course in Counselling Techniques on the 11th of August 2016.

- **Organized** a Health Talk titled ‘**Eating your way to a healthy lifestyle**’ on the 26th of August 2016.
- **Participated** in the **Discussion Forum** on ‘**Underachievers: From Catepillar to Butterfly**’ organized by the Department of Psychology, Parvatibai Chowgule College of Arts and Science, Gogol- Goa on 27th August 2016.
- **Presented a paper** titled, ‘**Effectiveness of Occupational Therapy, Physiotherapy and Speech Therapy on Children with Physical and Sensory Needs**’ at the 17th **National Conference** of Catholic Psychologists on the theme “**Psycho-Social Care of the Earth, Children and Peripheral Communities**” held at St. Joseph Vaz Spiritual Renewal Centre- Goa from 30th September- 2nd October 2016.
- **Organized** a three day Stress Management workshop in association with **International Stress Management Association (ISMA)** held from 4th to 6th October 2016 at M.E.S College, Zuarinagar.
- Was the **Organizing Secretary** for a Two day National Seminar titled ‘**Impact of Violence and Abuse: Need for Psycho-social, Medical and Legal Intervention**’ held on the 14th and 15th Dec 2016 in coordination with ARZ and sponsored by the British High Commission , New Delhi and held at Ravindrda Bhavan, Baina Vasco.
- Participated In State Level Workshop On Writing Research Papers and Drafting Research Proposals in Social Sciences Organised by MES College.

Ms. Fatima Gomes, Asst. Prof. in Psychology

- Published an edited book of papers presented at National Seminar titled ' Adolescent Mental Health: Cause for attention towards a healthier tomorrow' in the academic year 2016-17.
- Organized a talk on 'Adolescent Relationships' for students of M.E.S College, under the counselling Cell, on 2016.
- Participated in a National Conference organized by Sangath on ' Bridging the mental health treatment gap' on 10th & 11th December 2016.
- Organized a National Seminar on as part of the Psychology Department of M.E.S College for the academic year 2016 – 2017.

Pooja P. Parab, Counselor

- Has 2 years experience as a counselor in MES Collage and Damodar college Margao in the year 2014-15.

- Resource person for Sarv Siksha Abhiyan for parents and teachers of special children on title inclusive education for parents and teachers of special children in the year 2014-16 in Sanguem, Valpoi, Dharbandora, Margao and Canacona.
- Attended workshop on comprehensive sexuality education in Mumbai January 2016
- Conducted workshop for students of MES college on personality development
- Organized AIDS day talk for students of MES college.
- Attended international stress management workshop held on 4th to 6th October 2016
- Taluka and State level judge for fugdi competition in canacona Dec 2016
- Attended national level seminar impact of “impact of violence and abuse: need for psychosocial, medical and legal intervention” held on 14th and 15th December 2016.

DEPARTMENT OF MATHEMATICS AND STATISTICS

- **Ms. Shruti B. Nayak** attended a 3 days International conference on Agriculture, Science, Technology, Management and Social Science organized by FATER academy of India in collaboration with Carmel college, Goa from 10-12 November 2016.
- **Ms. Shruti B. Nayak** attended a Refresher course in Natural and Bio Sciences (Interdisciplinary course) organized by HRDC , Goa University from 29th March to 18th April 2017
- **Ms. Shruti B. Nayak** and **Ms. Trupti Desai** conducted remedial coaching in the Subject of Statistics and Mathematics for the III and I semester respectively.
- **Ms. Trupti Desai** and **Ms. Ashwini Sawant** are conducting CPT coaching for B.Com students.
- The Department organized a greeting card competition using Mathematical symbols, shapes and equations on 10/01/2017 for B.Com semester II and IV students.

M. COM DEPARTMENT

The M.Com programme of M.E.S college of Arts and Commerce was started under the Department of Commerce of the College and inaugurated on 20th June 2016 by former HOD and Dean, Department of Commerce, Goa University and Current Registrar of Goa University Prof. Y.V Reddy. The M.Com Programme is co-ordinated by Assoc.Prof. Mrs Rochana V. Kharangate. Total 26 Students have enrolled for the M.Com Programme.



Inaugural Function at MES College Seminar Hall

During the course students were given glimpse about the current scenario by organising various guest sessions by experts in the required field. The followings are the prime activities undertaken during the year for the M.Com Course for the academic year 2016-17.

1) The M.com Department organized a guest lecture on “IFRS Reporting and Accounting Standard Compliance” on 2nd July 2016 at 9:00 am to 11:00 am by CA SatyaPrakash Kamath

He gave a brief introduction about IASB (International Accounting Standards Board), IFRS (International Financial Reporting Standards), IAS (International Accounting Standards) ,SIC, IFRIC , GAAP (Generally Accepted Accounting Principles), Ind –AS (Indian Accounting Standards),Convergence of Indian Accounting standards with the global accounting standards and the phases of IFRS adaptability in India by the companies.

2)The M.com Department organized a guest lecture on “Financial Statements as per Companies Act 2013, Revised Schedule VI, Schedule III” on 9th July 2016 at 9:00 am to 11:00 am by CA SatyaPrakash Kamath.

He explained the need of schedule III to remain competitive and globally recognisable, by producing comparable statements with international ones. He also explained the financial

statements and the amendments as per companies act 2013, identification and reason for changes. He also explained the Ind-As compliance schedule to the Indian Companies Act 2013.

3)The Department of Commerce of the College organised a guest session on “Basic Statistical Tools” by Asst Prof. Vishal Chari, Shri Damodar College of Economics & Commerce, Margao 16th July 2016 from 12:15 to 3:00 pm. He discussed about sampling techniques, questionnaire formulation, and the use of various statistical tools to interpret the result.

4)The M.Com Department organized a full day workshop on “Research methodology” on 30th July 2016 at college seminar hall from 9:30am to 4:30pm by Dr Gopakumar, Head Librarian, Goa University

He gave a brief introduction about the concept of Research, identifying a research problem steps involved in preparing a proposal or pre synopsis, also the different sampling methods and representation and interpretation of data to draw conclusions.

He also discussed about the various steps involve in Report Writing and shared some useful tips of report writing in Ms-Word and Ms-Excel to be used while conducting Research.



5) The M.Com Department organized a full day workshop on “Statistical Analysis of Data using SPSS” on 29th August 2016 at the College I.T Lab from 9:30am to 4:30pm for the M.Com part I students by Asst Prof. Sohani Pai Vaidhya, Government College of Arts, Commerce and Science, Quepem.

She started the session by giving a brief introduction about statistics, its need and importance. She explained about the various steps involved in the processing of data for research. She then proceeded to the SPSS software in terms of its uses, benefits, applicability.



6) The M.Com Department organized a guest lecture on “Stock Market Trading and Settlement Procedure” on 7th October 2016 by Prof. B.Ramesh, Senior faculty and former Dean & HOD, Department of Commerce, Goa University.

He gave a brief exposure about the Indian Capital Markets and explained about the Stock Market Trading and Settlement Procedure.

7) The Commerce Department organised a guest session on “Entrepreneurship Development and Start ups” on 29th November 2016 between 11:30- 1:00 pm in the seminar hall by Shri. Manoj Caculo, Chairman and Managing Director, Caculo Group, Panaji Goa, wherein the M.Com Department had participated. He enlightened the students about bringing the necessary changes and to be the first to accept and implement it at the right times in the business.

8) The Commerce Department organised a guest session on “Entrepreneurship Development and Start ups” on 2nd December 2016 between 9:15- 11:15 am in the seminar hall by Mr. Shekhar Sardesai, Chairman and Managing Director, Kineco Group, India wherein the M.Com Department had participated. He spoke about identifying the opportunities and making best use of them. He also spoke about the state of Goa having a high potential for business and employment.

Guest Sessions

Date	Resource Person	Hours Conducted	Topic covered
02-07-2016	CA Satyaprakash Kamath	2 hours	IFRS Reporting & Accounting standards compliance

09-07-2016	CASatyaprakash Kamath	2 hours	Companies Act 2013
16-07-2016	Asst Prof. Vishal Chari	3 hours	Basics of Statistical Tools
30-07-2016	Dr.Gopakumar	Full Day	Research Methodology & Report Writing
29-08-2016	Asst Prof.SohaniPaiVaidhya	Full Day	Data Analysis through the SPSS Software
07-10-2016	Prof. B Ramesh	2 hours	Stock Market Trading and Settlement Procedure
29-11-2016	Shri. Manoj Caculo	2 hours	Entrepreneurship Development and Start ups
02-12-2016	Shri. ShekharSardessai	2 hours	Entrepreneurship Development and Start ups

Ms. Savina A. Rebello attended a FDP on 'Applied Statistics and Econometrics' organized by S.S. Dempo College of Commerce and Economics, Cujira, Goa from 13th February to 20th February 2017.

DEPARTMENT OF BCA

1. BCA Department inaugurated Batch of 2016-17. Mr. Nilesh Faldessai presented a session on Technology for new generation.



2. BCA Department conducted 1 day workshop on IOT – Internet of Things. Mr. Pranav Pai Vernekar was the Resource Person.



3. BCA IGNITZ is the weekly student activity programme. BCA IGNITZ a framework of BCA Dept. organised various competitions for the BCA Students namely, Word by Word Learning, Technical Roots & Magazinite, IT Quiz, Android App Development, Mini IoT Projects, E-Newsletter Designing and Theme Video Making and over 80 students were awarded Certificates & Trophies at the hands of Principal Dr. R. B Patil Sir at the PTA Meeting held on 17th Dec. 2016.



4. BCA Department conducted a Guest Session on “Ethical Hacking”. Mr. Sagun Salgaonkar was the Resource Person.



5. BCA



Department organised a Guest Session on “Android Technology”. Mr. Viraj Ajgaonkar was the Resource Person and conducted series of Android Session.

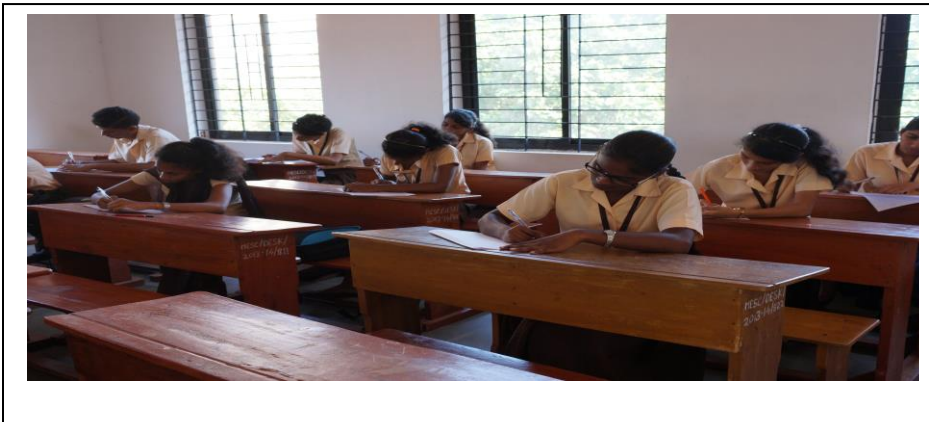
6. BCA Department organised a guest session on “Web Technology”. Mr. Chandan Verlikar was the Resource Person.

7. BCA Department organised PTA Meeting on 17th December 2016 from 10 a.m to 1 p.m. The results of Semester I & III were declared and the various best practices of BCA Course were presented to parents. There was an interactive session with parents after results distribution.



8. BCA Department organised TechnoSparks 2.0 on 8th December 2016. 4 Higher secondaries participated in this event. 50 students participated in this event. Various competition held under Technosparks were :

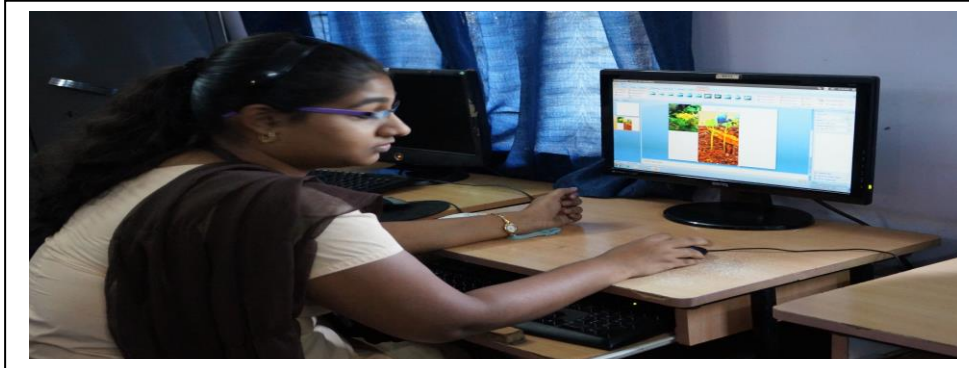
- Essay Writing – winner MES HSS – Ms. Shivani Naik



- Best Out of E-waste – winner Government HSS Baina- Mr. Ashok Pawar & Mr. Shivam Naik



- Photography – winner MES HSS – Ms. Muskaan Shaikh



- Street Play – winner Shantadurga HSS- Ms. Damini Mane & Group



DEPARTMENT OF B.B.A

DEPARTMENTAL ACTIVITIES

1. COURSE COMPLETION CEREMONY



The Department of Business Administration, MES College of Arts and Commerce, Zuarinagar Goa, held their first BBA Course Completion Ceremony of the Class of 2016 on 30th April 2016 at Hotel HQ, Vasco.

The ceremony commenced with the entry of the Academic Procession, led by The Vice Chancellor of Goa University, Dr. Satish Shetye and Dr. R. B. Patil Principal of MES College. The members of the Managing Committee of Murmugao Education Society, welcomed the Academic Procession on the stage.

The course Coordinator Mrs. Semele Sardesai, presented 38 Graduates of the BBA Course and 9 Graduates of the first BBA Shipping and Logistics course to the Honourable Vice Chancellor of Goa University and humbly requested him to confer on them their caps and scrolls. The Vice Chancellor of Goa University, Dr. Satish Shetye, presided over the function and Mr. Shekhar Sardesai MD Kinenco was the Key note speaker. Dr. R. B. Patil, Principal of the college welcomed the august gathering. Course Coordinator, Mrs. Semele Sardesai presented the Annual Report of the Department and Founder Course Director Mrs. Lalita Joshi, administered the Oath to the students. The Chairman of Managing Committee of Murmugao Education Society Mr. M. S. Kamat felicitated the Valedictorian of the BBA Course Mr. Abrar Sayed Azam and Vice Chairman Mr. Paresh Joshi, felicitated Mr. Deepesh Shenoy Valedictorian of the BBA Shipping & Logistics Course. The Valedictorians reciprocated by thanking the Goa University for designing such innovative courses which blend industry based learning with interactive classroom learning. Each one of them spoke about their three years at MES College as an enriching, motivating and inspiring, nurturing them to evolve into confident young men. Mrs. Zina Varugis was the very mesmerizing compere for the evening. The TYBBA faculty-in-charge Mr. Veeraj Mahatme proposed the Vote of Thanks making a special mention of Ms. Roxana Singh- Associate Professor and Head of English Department Carmel College, Nuvem for her guidance and help to conceptualise the ceremony. Before the Academic Procession receded, everyone rose for the National Anthem. The function was also attended by parents and eminent personalities from the world of Management and Shipping & Logistics industry.

2. FACULTY DEVELOPMENT WORKSHOP FOR FOR THE TEACHERS OF ALL THE GOA BBA COLLEGES AFFILIATED TO GOA UNIVERSITY



Faculty development workshop organised by the department for the teachers of all the goa bba colleges affiliated to goa university resource persons: Dr. PurvaHegde Desai- HOD and Associate Prof. Dept. of Management Studies and Mr. Neville Gama , Asst. Professor DMC COLLEGE , Mapusa on 28th June 2016

3.ORIENTATION PROGRAM FOR PARENTS AND STUDENTS OF BATCH 2016



BBA INAUGRATION / ORIENTATION PROGRAMME BATCH 2016 held on 1st July 2016. The Students & Parents have attended the programme. Principal Dr. R. B. Patil addressed the gathering and Course coordinator Ms. SemeleSardesai briefed about the pedagogy and activities of the course.

4.Diet Clinic had a "Nutritional Awareness Camp" on 1st October 2016 for FYBBA students



5. LakshyaXI a national level management event was held on 9th and 10th January 2017

II) INDUSTRY INTERFACE

Students of BBA (Shipping and Logistics) along with faculty member Mr. Satyen Naik attended distinguished Lectures on ‘Maritime Matters: A Perspective on Maritime Vision & Blue Economy’ by Dr. Vijay Sakhujia and ‘Balancing challenges & threats to Sea Lanes of Communications’ by Prof. Arabinda Acharya. This was organised jointly by The International Centre Goa in association with BITS Pilani (Goa Campus) and Indian Council for Social Sciences Research (ICSSR). The lectures were the second under Goa Maritime Dialogues, a series of interactive discussions on various important India and Goa specific maritime affairs. The programme was held on Thursday 4th August 2016 from 5.30pm to 7.30pm at The International Centre Goa, Dona Paula. Dr. Vijay Sakhujia is Director, National Maritime Foundation, New Delhi & Visiting Senior Research Fellow, Institute of Southeast Asian Studies (ISEAS), Singapore. Prof. Arabinda Acharya is Faculty at Joint Special Operations Master of Arts Program, College of International Security Affairs, National Defense University, at the John F. Kennedy Special Warfare Center and School at Fort Bragg, North Carolina, USA



1. Mr. Ashwin Furtado- Regional Project Manager At Suburban Diagnostics , interacting with our FYBBA students sharing his experiences and journey to his success on 20th August 2016.



2. Mr. Paul Noronha incharge of KRIPA FOUNDATION Anjuna (NGO -Rehabilitates centre for Alcoholics and Drug addicts) addressing the TYBBA students for the AWARENESS PROGRAMME ON "YOUTH & DRUGS PREVENTION" on 28th August 2016.This was a part of subject NGO Management



3. Ms. Juliana Lohar - Co-ordinator of ARZ addressing / sensitized the TYBBA students on "Social Issues and the Importance & Role of NGOs in the Society" on 12th September 2016 as a part of NGO Management Subject.



4. Mr. Alan Mascharenhas - a mental health counselor for 7 years and member of Goa cCounselingcentre) was invited for a Guest lecture for FYBBA and FYBBA (s&l) students on 14th September in Psychology. He had an interactive session on the following:

- i) Importance Of Our WANTS
- ii) Knowing oneself through Myres Briggs test.
- iii) Understanding emotions, its effect on behavior, behaviour modification through thought content modification

5. Mr. Samir Kapdi having an interactive session with FYBBA and FBBA(S&L) students on the "INFLUENCE OF PORTUGUESE ON GOAN CULTURE" as part of Cultural Studies course on 23rd September 2016



6. The BBA (Shipping and Logistics) students attended PORTLORE- An event in Port, Logistics & Resources organised by TEFLAS, at Grand Hayat, Bambolim on 24th September 2016. Session 1: Unlocking the Growth Potential of Port-led Development in India- Opportunities and Challenges

The speakers were :

1. Mr. S. Hajara, former CMD. Shipping Corporation of India.
2. Mr. PravirPandey , IA & AS , Vice Chairman, Inland Waterways Authority Of India
3. Ms. Shantha Martin, CEO- ISC , Middle East, Africa and East Mediterranean, All Cargo Logistics Ltd.

Joseph George, GM- Business Dvelopment, Konkan Railway Corporation

Session 2: Imported Coking Coal Logistics- Experience of East

Mr. G. K. Mohanty, Advisor, Steel Authority of India Ltd.

Session 3: Maritime Clusters: Ease of Doing Business- Vision and Road Map. Problems faced by Ports and Solutions for it.

Chaired by Mr. JayantLapsia, President All India Liquid Bulk Importes and Exporters Association

Session 4: How “Make in India” could impact the Shipping & Port Sector

Chaired by Mr. JayantLapsia, President All India Liquid Bulk Importes and Exporters Association

Panelists:

Ms. Sharmila Amin. MD, Bertling Logistics India Pvt. Ltd.

Mr. SahilDatta, Director, Taurus Shipping Pvt.,Ltd.



7. Mr. AmrishGhode , Managing Director Swage Systems Pvt. Ltd. , sharing his experiences in Production Management with SYBBA students on 28th September 2016



9. Mr. Bharat Ramanuj, MD Blue Moon Distilleries and ex student of BBA interacting with FYBBA students on 1st October 2016



III) STUDENTS ACHIEVEMENTS/ MANAGEMENT FESTS

1. The SYBBA students participating in "MONEY MATTERS 4.0- Start up and Skill up India" organised by Damodar college Margao, Goa on 19th and 20th August 2016, They were accompanied by faculty member Mr. Satyen Naik



2. BA Students have done us proud by winning the Runnersup Trophy at Odessyorganised by SaraswatcollegeMapusa on 29th and 30th September 2016. Mr. ShreyasSantosh bagged first place in Best Manager. Ms. Divine Pereira won first place in Marketing. The team members also invluded Mr. Andrew Nirmal for Entrepreneurship, Mr.Logan for HR and Mr. Razeen for Finance.



3. Nathan Gomes student of TYBBA won the 2nd place for photography, st IMPRESSIONS 2016, a national level Management competition, organised by Rosary college, Navelim

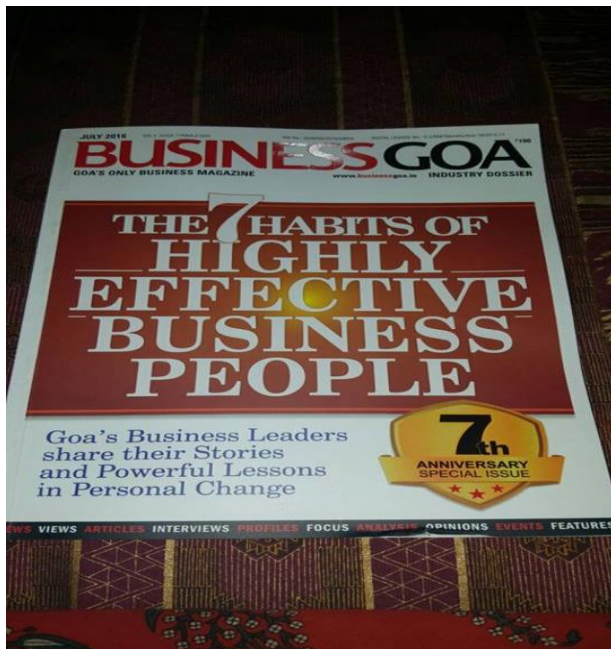


4. Our BBA ex student Mr. VinodSawantwadkar - Batch 2001 has now become “Head of the Hospital” (centre Head) with Wockhardt Hospital, Nashik. Wockhardt Hospital, Nashik is the 1st and one of the preeminent tertiary care facility in and around Nashik district. We congratulate him and are proud of his achievement



IV) TEACHERS ACHIEVEMENTS:

1. Ms. Sandra Fernandes– MD Menino group of Hoetels Goa, is a visiting Faculty in Business Economics for the BBA Course. She was one of the Business women interviewed by the Magazine Business Goa for their issue on ‘The 7 Habits of Highly effective Business People



- ii) Faculty members Veeraj Mahatme and Semele Sardesai attended a one day workshop on " Succeeding in Academia as a Researcher and Teacher" on 23rd July 2016 organised by Dept.of Mgt. Studies Goa University. Resource Person Dr. Justin Paul, University of Puerto Rico USA



3. In an interview with Mr. Romi Futardo (organiser), the Course Coordinator Ms. Semele Sardesai and full time faculty member Ms. Sonali Singh explained about the BBA (Shipping & Logistics) course run by MES college and affiliated to Goa University. They explained about the uniqueness of the only course in shipping and logistics at under graduate level in India, the job opportunities after doing the course and the eligibility to join the course.



5. Mr. VeerajMahatme, Full time BBA faculty member attended a seminar on GST organised by SALSDOT ACADEMY on 5th October 2016
6. Mrs.Godeliva Gomes our Faculty member teaching Psychology, Individual & Society and NGO Management, attended "Stress Management Professional Certificate Workshop " from 4th to 6th October 2016 jointly organised by International Stress Management Association In collaboration with ICSMP International Council of Stress Management Professional, Sydney, Australia
7. Course Coordinator SemeleSardesai and faculty member VeerajMahatme attended a one day workshop on "STRUCTURAL EQUATION MODELLING USING AMOS" ON 5th November 2016 organised by Department of Management Studies, Goa University. Prof. AnandakuttanUnnithan- IIM Kozhikode was the resource person

V) EXTENDED ACTIVITIES

SYBBA ad TYBBA students are volunteers at Goa River Marathon 2016



2. The Department of Business Administration, MES College of Arts and Commerce, Zuarinagar held a two day workshop for students of Higher Secondary Schools in Goa, on the 9th and 10th of December 2016 as their extended activity. The topics of the Workshop were ‘Grooming and Social Etiquettes’, ‘Health and Nutrition’, ‘Voice and Speech’ and ‘Management through Games’. 65 students from 10 Higher secondary schools participated. Ms. Emma Mascharenhas and Ms. Anjescia Rodrigues were the comperes for the opening ceremony. Principal Dr. R. B. Patil welcomed the gathering, Ms. SankalpaParab performed the welcome dance before the dignitaries lighted the lamp. Three Ex BBA students, Ms. SunitaSalunke (Batch 2003) marketing and launch incharge of iMall (a new shopping mall in Sharjah), Ms. Siddhi Salgaocar (Batch 2002) Sr. Executive –Sales and Marketing- Samsara Shipping and Mr. Shivdas Nair (Batch 2007) Media and Marketing Manager- Sporting Club de Goa shared their experiences with the students. Mrs. Lalita Joshi –Director planning and development MES College spoke about the journey of the BBA course, Dr. PurvaHegde Desai enlightened the students about the uniqueness of the BBA course of Goa University, Mrs. SemeleSardesai- Course Coordinator proposed the vote of thanks. The Higher secondary schools that participated were: GVM’s HSS, Ponda; Fr. Agnel Multipurpose HSS, Verna; Govt. HSS, Baina; KeshavSmruti Multipurpose HSS, Dabolim; Shantadurga HSS, Sancoale; Fr. Agnel HSS, Pillar; Deepvihar HSS, Sada; Kendriya Vidyalaya 1, Varunapuri; St. Andrew’s HSS, Vasco; MES HSS, Zuarinagar; The Resource persons for the Workshops were Ms. Shweta Pinto- Trainer and Image Consultant, Diet Clinic – powered by Ms. HarpreetPasricha, Ms. Roxana Singh- Trainer Speech and drama, Mr. Atul Shah – Consultant & Corporate Trainer. The workshop was well appreciated by the

students and the teachers accompanying them. The FYBBA students hosted the whole event guided by their teaching and non-teaching staff- Ms. SemeleSardesai, Mr. VeerajMahatme, Ms. Sonali Singh, Ms. ChetnaRao, Ms. PreetiArora, Mr. B. Morje and Mr. GajananKaunthankar.



VI)FIELD TRIPS

1. The SYBBA (S&L) students visited the Indian Customs and Central Excise Museum at Panjim on 2nd September 2016 where there saw the goods confiscated by customs





- Let us rediscover the Art of living together in harmony'. *Ubuntu. *- The spirit of humanity. Interactive and resourceful workshop for FY.BBA Shipping, Ind& Society.
- This workshop was held on *27th September, Tuesday. *Venue*: - Peace cottage, Betalbatim, Salcette Goa. *Time*: - 10am-12-pm. workshop was conducted by Mrs. Eleanor Viegas, an artist and educationalist from England.

What is an Ubuntu workshop?

It is a tool for living life to the full, in peace and harmony with others. The workshop facilitates value-based education for students.

- Workshop participants were encouraged to:

Explore and experience their personal and social values

Understand the principles that are essential for living together in harmony

Create a vision and action plan to apply these values and principles in daily life.

3. The FYBBA and FYBBA (shipping and logistics) students went on a Heritage walk (FontainhasPanjim) with Mr. Sameer Kapdi in 22nd November 2016. This was part of the subject Cultural Studies



INTERNAL QUALITY ASSURANCE CELL

The NAAC Committees for the seven criteria have been formed for the next five years. The Chairpersons of the Committees presented the activities undertaken during the academic year 2015-16. These presentations were made in May 2016 and October 2016. Dr. R.V. Gaonkar was invited as the Resource Person for these presentations and gave us valuable suggestions for all the criteria. The IQAC organized a workshop for the faculty on SWOC and framing the vision and mission of the college from 26th to 28th October 2016. Shri. V.R. Shirgurkar, Senior Academic Consultant, was the resource person for the workshop.



Shri. V.R. Shirgurkar, Senior Academic Consultant, and Resource Person for the Workshop on SWOC and framing the Vision and Mission of the college organized from 26th to 28th October 2016 seen addressing the faculty members

HEALTH CENTRE

Freda Cota Pereira participated in the Goa Can Forum organised by Director of Goa Can Rolland Martins and Dr.Peter Director of COOJ



Freda C Pereira is the chairperson of the Health centre which was inaugurated at the hands of Dr.sushma Mirashi . The college has a special room for the doctors visit. Doctor Sushma visits the college once a week and she renders free services to the students of our college. Many students have benefitted from her services. This facility was provided with the view of understanding that many students are face a number of health problems as we feel that it is our responsibility to help students in this regard.



Freda C Pereira participated along with students in Mind Ki Baat a public programme organised by Director of COOJ Dr. Peter and his team in collaboration with M.E.S college department o Psychology.

PUBLICITY COMMITTEE

The committee covered events from all the departments, association and clubs in MES College. The news reports along with photos were sent to English, Marathi and konkani dailies.

The committee felicitated Journalist Alumni of MES College on 01st August, 2016, the death anniversary of Lokmanya tilak, celebrated as Journalists' day in Goa and Maharashtra. 11 Journalist Alumni were felicitated on the occasion.

MAGAZINE COMMITTEE

The committee brought out the college magazine for the year 2015-16. The notice for the present academic year has been issued and few articles have been procured. Students and members of staff are encouraged to write, draw, sketch and contribute any other piece of work for the magazine

NATURE'S CLUB

- 1) **44** students enrolled for Nature club in the academic year **2016-2017**.
- 2) Students of nature club have made 6 documentaries covering the following themes:
save the environment, environmental awareness , environment and pollution, environmental problems and challenges and human impact on the environment.
- 3) The Club will be organizing photography competition for BA/BCOM/BBA/BCA/MCOM Students on the theme **“Beauty of nature in Mormugao taluka”** in the month of January 2017.

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

INTER-CLASS/INTRA-MURAL COMPETITION.

The Department of Physical Education & Sports had organized various Inter-Class/Intra-Murals Competitions.

Badminton: on 1st & 2nd July for Men & Women

1. In Men section FYBCA-B were the winners where as SYBCOM-A had to settle for Runner's up position.
2. In Women section Miss Swati Gurav from SYBCOM-C defeated Miss Raksha Salgaonkar from SYBA-B in the finals.

Table Tennis: on 8th of July

1. In Men Section Mast. Kashyap Bakhle from FYBCOM-D won the competition defeating Mast. Tanmai Desai from FYBCOM-D.

2. In Women section Miss Kefira Rodrigues from SYBCOM-D was crowned winner and Miss Apurva Chari from SYBA-B stood second.

Chess: on 8th of July

1. Mast. Vinayak Naik from FYBBA came First
2. Mast. Rosbern Raj from FYBA-A came Second.
3. Mast. Yogesh Naik from SYBCOM-A stood Third.

Poster Making: On 29th August on the occasion of Dhyanchand's Birthday which is known as 'National Sports Day'

1. Miss Saaniya Inamdar and Mast. Romaan Sheikh from SYBCA won First Place
2. Miss Estrelia Coutinho and Miss Alfiya from TYBA were 1st Runner's Up
3. Mast. Pankaj Rana and Miss Priya from TYBCOM-B were 2nd Runner's Up.

Football (Men): held at Chicalim Panchayat Ground on 22nd & 23rd September.

1. FYBCOM-D were the winners
2. TYBCOM-A had to settle for second position.

Cricket (Men): on 2nd & 3rd December 2016

1. SYBCOM-D were winners
2. TYBCOM-B was Runner's Up.

Volleyball: 9th December & 13th December 2016

1. In Men Section SYBCOM-C stood first where as SYBA-A stood second
2. In Women section FYBA-B was the Winners and FYBA-A was the Runner's Up.

National level Competition:

- Mast. Kashyap Bakhle represented Goa Cricket Association in U-19 Vinoo Mankad Trophy (one-day) tournament for the season 2016-17 (3rd October-9th October'2016) organized by the BCCI at Hyderabad. He has also participated in U-19 Cooch Behar Trophy (4 day) organized by the BCCI from 7th November to 22nd December.
- Mast. Dheeraj Yadav represented Goa Cricket Association in U-23 C.K. Naidu Trophy organized by the BCCI from 10th October to 10th November 2016.
- Miss Kefira Rodrigues participated in the Senior National Ranking Table Tennis Championship held at Indore from 26th September to 1st October 2016.
- Miss Uzma Sayed represented Goa Women's Team in One Day Tournament held at Hyderabad from 10th November to 16th November 2016.
- Mast. Suraj Bind represented Goa Athletic Association in All India Junior Athletic Championship held at Coimbatore from 10th November to 14th November 2016.

West Zone Competition/Zonals

- Miss Madhu Giri, Miss Pranita Korgaonkar and Miss Monica Saroj were the members of Goa Tennis ball team which won **First place** at 4th West Zone Tennis Ball Cricket Championship held at Campal-Panjim, Goa from 26th-28th June 2016 organized by Antruz Art & Sports Academy (Regd).
- Mast. Suraj Bind and Mast. Ajay Kumar Bind represented Goa State in 28th West Zone Junior Athletic Championship held at Vadodara-Gujarat on 22nd Oct and 23rd Oct'16 and won Silver and Bronze Medal respectively in 10000m Run.
- Miss Madhu Giri and Miss Uzma Sayed represented Goa University in West Zone Women Cricket Championship 2016 held at Bhopal from 9th December to 14th December 2016.

State Level/Inter Collegiate Competition:

STATE LEVEL COMPETITION

Open Road Race: “Mala Monsoon Run” competition organized by Yuva Association Panaji at Mala-Panaji Goa on 19th June 2016.

1. Mast. Suraj Bind stood First
2. Mast. Ajay Bind stood second

Athletics: Athletic Championship held on 24-25 Sep'16 at Peddem Sports Complex organized by Goa Athletic Association.

1. Mast. Suraj Bind won Gold medal & Silver medal in 5000m & 4X100m Relay.
2. Mast. Tejas Gosawi won Bronze medal & Silver medal in 100m & 4X100m Relay.
3. Mast. Paritosh Dhali won Silver medal & Bronze medal in Shot put & Discus Throw respectively.
4. Miss Pranita Korgaonkar won Gold medal in Discus Throw.
5. Miss Sweta Suryawanshi won Gold medal in 100m Run.
6. Miss Swinny Rodrigues won Bronze medal in 100m Run.
7. Mast. Aslam Shaikh won Silver medal in 4X100m Relay.
8. Mast. Shivraj Lamani won Silver medal in 4X100m Relay.

INTER-COLLEGIATE CHAMPIONSHIP ORGANIZED BY GOA UNIVERSITY 2016.

Power Lifting: on 11th August 2016

1. Mast. Tejas Gosawi won Silver medal in the category of up to & including 53kgs.

Taekwondo: on 29th & 30th September 2016

1. Mast. Neeraj Bhusan won Gold medal in the category up to & including 58kgs.

2. Miss Anjana Gundapur won Silver Medal in the category up to & including 53kgs.
3. Miss Tejasvi Kankonkar won Bronze medal in the category up to & including 57kgs.
4. Miss Nirmala Chawan won Bronze medal in the category up to & including 57kgs.
5. Mast. Basangouda Patil won Bronze medal in the category up to & including 63kgs.
6. Mast. Venkatesh Malagimani won Bronze medal in the category up to & including 54kgs.
7. Miss Priya Pirnaik won Bronze medal in the category above 73kgs.

Athletics: on 15th December to 17th December 2016

1. Mast. Suraj Bind secured first place in 10000m Run and 5000m Run (NMR of 16.32mins)
2. Mast. Ajay Kumar Bind secured Second place in 10000m Run and 5000m Run.
3. Mast. Aslam Shaikh won First place in High Jump.
4. Mast. Shivraj Lamani won First place in Triple Jump.
5. Miss Meliva D'Cruz secured Third place in 100m run.
6. Miss Reshma Sharma won Third place in 1500m run.

XXXXI Annual Athletic Meet 2016

XXXXI Annual Athletic Meet of the college was held on 23rd December 2016 at S.A.G. Chicalim Ground. Shri James Christopher (Physical Education Teacher-M.E.S Hr.Sec.School) was the Chief of Opening Ceremony and he unfurled the college flag and inaugurated the meet. In his address he spoke about discipline and importance of participating in sports. He also motivated students to take part in sports activities. Further he praised the participants in March past for their fluency in command. Principal Dr. R.B. Patil, Vice –Principal Shri V.V.Sail, manager of the meet Shri B.S. Ingallhali, Chairperson of Sports Advisory Committee and organizing Secretary of the meet Shri Sandeep Kadam and College Dir. of P.E. & Sports Shri Shailesh Chodankar were present at the Inaugural function. Shri Shailesh Chodankar introduced the Chief Guest where as welcome address was given by Principal Dr. R.B. Patil, Vice Principal Shri V.V.Sail gave vote of thanks. Oath was read by Mast. Tejas Gosawi (Sports Secretary) and the Sports Prayer by Miss Madhu Giri.

As a part of Annual Athletic Meet various track and field events were held. SY B.Com-A were crowned as the best March Past team, the overall championship in Athletic event was won by SY BA(A). The Individual Championship for Men and Women was won by Mast. Suraj Bind from SY B.A-A and Miss Meliva D'Cruz from FYBCA-A respectively.

At the valedictory function Shri Sudhakar Naik, College Dir. Of PE & Sports was the Chief Guest. He emphasized on the physical activity in daily life and also told students the worth of human body. He also expressed his happiness over the beautiful organization of College Annual

Athletic Meet. The Chief Guest was introduced by the Asst. Prof. Shri Dattaprasad Shirgurkar. At last vote of thanks was given by Shri. Shailesh Chodankar followed by lowering of the flag, which was handed over to the Chief Guest by Asst. Prof. Shri Rajesh Shetgaonkar and then to the Shri. Shailesh Chodankar, College Dir. Of P.E and Sports for safe custody.

Other activities

- The Department of Physical Education and Sports celebrated International Yoga Day on 21 June 2016 in collaboration with NSS and NCC wing of the college
- Poster making competition on Physical Education and Sports was organized on the occasion of National Sports Day (Major Dhyanchand's Birthday) on 29th August 2016.
- The Department of Physical Education and Sports had organized **Summer Coaching Camp** for Table Tennis, Badminton and High Jump for 8yrs to 15yrs of Age (Boys & Girls) for the period 2nd May to 28th May 2016.
- College Director of Physical Education & Sports along with seven students had participated in the "Solidarity Run Rio Olympics 2016" which was held on 3rd August from Cortalim Junction to Campal-Panjim.
- College Director of Physical Education & Sports along with two students had participated in the "Fitness 4 Life" One day-Workshop conducted by RYLA at Caculo Mall-Panjim Goa on 7th October 2016.
- The Department of Physical Education and Sports has conducted Athletic training for Police selection as an Extension service to the society.



Mast. Tejas Gosawi - Silver Medal in Powerlifting



Taekwondo Medal Winners



Interclass Football Champions FYBCOM-D



OverAll Champions-SYBA-A



Chief Guest -Shri James Christopher



Winners of Poster Making Comp.



Individual Championship Winner-Mast. Suraj Bind



Solidarity Run Rio Olympics 2016 Participants



Medal Winners at West Zone Athletics



International Yoga Day



Winners at All India Tennisball Championship



A handwritten signature in blue ink, appearing to be "Dr. R.B. Patil". The signature is written in a cursive style with a horizontal line underneath.

Dr. R.B. Patil
Principal